

ELEMENTARY BREAKFAST MENU

| 1 | 2 | 3 | 4 | 5 |
|---|--|--|--|--|
| Cocoa Puffs Cereal Bar or Equivalent Food <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | WG Chocolate Chocolate Chip Muffin <i>Animal Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | Cinnamon Toast Crunch Cereal Bar or Equivalent Food <i>Scooby Doo Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | Frosted Fudge Pop-Tart or Equivalent Food <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | WG Blueberry Muffin <i>Scooby Doo Graham Crackers or Equivalent Food</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> |
| 6 | 7 | 8 | 9 | 10 |
| WG Banana Muffin <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | WG Chocolate Chocolate Chip Muffin <i>Animal Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | Frosted Cinnamon Pop-Tart or Equivalent Food <i>Scooby Doo Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | WG Blueberry Muffin <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | Chocolate Chip Oatmeal Bar <i>Scooby Doo Graham Crackers or Equivalent Food</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> |
| 11 | 12 | 13 | 14 | 15 |
| Cocoa Puffs Cereal Bar or Equivalent Food <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | WG Chocolate Chocolate Chip Muffin <i>Animal Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | Cinnamon Toast Crunch Cereal Bar or Equivalent Food <i>Scooby Doo Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | Frosted Strawberry Pop-Tart or Equivalent Food <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | WG Blueberry Muffin <i>Scooby Doo Graham Crackers or Equivalent Food</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> |
| 16 | 17 | 18 | 19 | 20 |
| WG Banana Muffin <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | WG Chocolate Chocolate Chip Muffin <i>Animal Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | Frosted Cinnamon Pop-Tart or Equivalent Food <i>Scooby Doo Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | WG Blueberry Muffin <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | Chocolate Chip Oatmeal Bar <i>Scooby Doo Graham Crackers or Equivalent Food</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> |
| 21 | | | | |
| Chocolate Chip Oatmeal Bar <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>Fresh Baby Carrots</i> <i>1% LowFat Milk</i> <i>Chocolate Fat Free Milk</i> | | | | |

ELEMENTARY LUNCH

| 1 | 2 | 3 | 4 | 5 |
|--|--|---|--|---|
| Chicken Nuggets | Toasty Cheese Sandwich | Beef Hot dog on Whole Wheat | Cheese Stuffed Breadsticks | Classic American Cheeseburger |
| <i>Soft Baked Pretzel</i> | | | <i>Pizza Sauce</i> | |
| Nachos, Cheese, & Salsa Fun Lunch | Turkey & Cheese on Flatbread | Build Your Own Pizza Fun Lunch | Turkey Ham & Cheese Sandwich | Cereal, Yogurt & Cheese Fun Lunch |
| Muffin, Goldfish & Yogurt Fun Lunch | Cereal, Goldfish & Yogurt Fun Lunch | Muffin, Cheese, & Yogurt Fun Lunch | Cereal, Yogurt & Cheese Fun Lunch | Muffin, Cheese, & Yogurt Fun Lunch |
| PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch |
| <i>Assorted Fresh Vegetables</i> | <i>Seasoned Peas</i> | <i>Vegetarian Baked Beans</i> | <i>Green Beans</i> | <i>Seasoned Corn</i> |
| <i>Assorted Chilled Fruit</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>Fresh Whole Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> |
| <i>1% LowFat Milk</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> |
| <i>Chocolate Low Fat Milk</i> | <i>Assorted Fruit Juice</i> | <i>1% LowFat Milk</i> | <i>Assorted Fruit Juice</i> | <i>1% LowFat Milk</i> |
| <i>Ketchup Packet</i> | <i>1% LowFat Milk</i> | <i>Chocolate Low Fat Milk</i> | <i>1% LowFat Milk</i> | <i>Chocolate Low Fat Milk</i> |
| <i>Mustard Packet</i> | <i>Chocolate Low Fat Milk</i> | <i>Ketchup Packet</i> | <i>Chocolate Low Fat Milk</i> | <i>Ketchup Packet</i> |
| <i>Mayonnaise Light</i> | <i>Ketchup Packet</i> | <i>Mustard Packet</i> | <i>Ketchup Packet</i> | <i>Mustard Packet</i> |
| <i>Ranch Dressing</i> | <i>Mustard Packet</i> | <i>Mayonnaise Light</i> | <i>Mustard Packet</i> | <i>Mayonnaise Light</i> |
| | <i>Mayonnaise Light</i> | <i>Ranch Dressing</i> | <i>Mayonnaise Light</i> | <i>Ranch Dressing</i> |
| | <i>Ranch Dressing</i> | | <i>Ranch Dressing</i> | |
| 6 | 7 | 8 | 9 | 10 |
| Baked Mozzarella Cheese Sticks | Crispy Chicken Breast Sandwich | Italian Meatball Sub | Cheese Pizza | Mini Turkey Corn Dogs |
| <i>Pizza Sauce</i> | | | | |
| Nachos, Cheese, & Salsa Fun Lunch | Turkey & Cheese on Flatbread | Build Your Own Pizza Fun Lunch | Turkey Ham & Cheese Sandwich | Cereal, Yogurt & Cheese Fun Lunch |
| Muffin, Goldfish & Yogurt Fun Lunch | Cereal, Goldfish & Yogurt Fun Lunch | Muffin, Cheese, & Yogurt Fun Lunch | Cereal, Yogurt & Cheese Fun Lunch | Muffin, Cheese, & Yogurt Fun Lunch |
| PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch |
| <i>Seasoned Peas</i> | <i>Vegetarian Baked Beans</i> | <i>Tater Tots</i> | <i>Seasoned Broccoli Florets</i> | <i>Seasoned Mixed Vegetables</i> |
| <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> |
| <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> |
| <i>1% LowFat Milk</i> | <i>Assorted Fruit Juice</i> | <i>1% LowFat Milk</i> | <i>Assorted Fruit Juice</i> | <i>1% LowFat Milk</i> |
| <i>Chocolate Low Fat Milk</i> | <i>1% LowFat Milk</i> | <i>Chocolate Low Fat Milk</i> | <i>1% LowFat Milk</i> | <i>Chocolate Low Fat Milk</i> |
| <i>Ketchup Packet</i> | <i>Chocolate Low Fat Milk</i> | <i>Ketchup Packet</i> | <i>Chocolate Low Fat Milk</i> | <i>Ketchup Packet</i> |
| <i>Mustard Packet</i> | <i>Ketchup Packet</i> | <i>Mustard Packet</i> | <i>Ketchup Packet</i> | <i>Mustard Packet</i> |
| <i>Mayonnaise Light</i> | <i>Mustard Packet</i> | <i>Mayonnaise Light</i> | <i>Mustard Packet</i> | <i>Mayonnaise Light</i> |
| <i>Ranch Dressing</i> | <i>Mayonnaise Light</i> | <i>Ranch Dressing</i> | <i>Mayonnaise Light</i> | <i>Ranch Dressing</i> |
| | <i>Ranch Dressing</i> | | <i>Ranch Dressing</i> | |

ELEMENTARY LUNCH

| 11 | 12 | 13 | 14 | 15 |
|--|--|---|--|---|
| French Bread Pizza | Chicken Tenders | Classic American Cheeseburger | Cheese Pizza | Breaded Chicken Drumstick |
| | <i>Soft Baked Pretzel</i> | | | <i>Cornbread</i> |
| Nachos, Cheese, & Salsa Fun Lunch | Turkey & Cheese on Flatbread | Build Your Own Pizza Fun Lunch | Turkey Ham & Cheese Sandwich | Cereal, Yogurt & Cheese Fun Lunch |
| Muffin, Goldfish & Yogurt Fun Lunch | Cereal, Goldfish & Yogurt Fun Lunch | Muffin, Cheese, & Yogurt Fun Lunch | Cereal, Yogurt & Cheese Fun Lunch | Muffin, Cheese, & Yogurt Fun Lunch |
| PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch |
| <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> |
| <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> |
| <i>1% LowFat Milk</i> | <i>Assorted Fruit Juice</i> | <i>1% LowFat Milk</i> | <i>Assorted Fruit Juice</i> | <i>1% LowFat Milk</i> |
| <i>Chocolate Low Fat Milk</i> | <i>1% LowFat Milk</i> | <i>Chocolate Low Fat Milk</i> | <i>1% LowFat Milk</i> | <i>Chocolate Low Fat Milk</i> |
| <i>Ketchup Packet</i> | <i>Chocolate Low Fat Milk</i> | <i>Ketchup Packet</i> | <i>Chocolate Low Fat Milk</i> | <i>Ketchup Packet</i> |
| <i>Mustard Packet</i> | <i>Ketchup Packet</i> | <i>Mustard Packet</i> | <i>Ketchup Packet</i> | <i>Mustard Packet</i> |
| <i>Mayonnaise Light</i> | <i>Mustard Packet</i> | <i>Mayonnaise Light</i> | <i>Mustard Packet</i> | <i>Mayonnaise Light</i> |
| <i>Ranch Dressing</i> | <i>Mayonnaise Light</i> | <i>Ranch Dressing</i> | <i>Mayonnaise Light</i> | <i>Ranch Dressing</i> |
| | <i>Ranch Dressing</i> | | <i>Ranch Dressing</i> | |
| 16 | 17 | 18 | 19 | 20 |
| Cheese Pizza | Chicken Nuggets | Cheese Steak Sandwich | Breaded Mozzarella Sticks | Cheese Steak Sandwich |
| | <i>Warm Dinner Roll</i> | | <i>Pizza Sauce</i> | |
| Nachos, Cheese, & Salsa Fun Lunch | Turkey & Cheese on Flatbread | Build Your Own Pizza Fun Lunch | Turkey Ham & Cheese Sandwich | Cereal, Yogurt & Cheese Fun Lunch |
| Muffin, Goldfish & Yogurt Fun Lunch | Cereal, Goldfish & Yogurt Fun Lunch | Muffin, Cheese, & Yogurt Fun Lunch | Cereal, Yogurt & Cheese Fun Lunch | Muffin, Cheese, & Yogurt Fun Lunch |
| PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch | PB&J and Cheese Fun Lunch |
| <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> |
| <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> |
| <i>1% LowFat Milk</i> | <i>Assorted Fruit Juice</i> | <i>1% LowFat Milk</i> | <i>Assorted Fruit Juice</i> | <i>1% LowFat Milk</i> |
| <i>Chocolate Low Fat Milk</i> | <i>1% LowFat Milk</i> | <i>Chocolate Low Fat Milk</i> | <i>1% LowFat Milk</i> | <i>Chocolate Low Fat Milk</i> |
| <i>Ketchup Packet</i> | <i>Chocolate Low Fat Milk</i> | <i>Ketchup Packet</i> | <i>Chocolate Low Fat Milk</i> | <i>Ketchup Packet</i> |
| <i>Mustard Packet</i> | <i>Ketchup Packet</i> | <i>Mustard Packet</i> | <i>Ketchup Packet</i> | <i>Mustard Packet</i> |
| <i>Mayonnaise Light</i> | <i>Mustard Packet</i> | <i>Mayonnaise Light</i> | <i>Mustard Packet</i> | <i>Mayonnaise Light</i> |
| <i>Ranch Dressing</i> | <i>Mayonnaise Light</i> | <i>Ranch Dressing</i> | <i>Mayonnaise Light</i> | <i>Ranch Dressing</i> |
| | <i>Ranch Dressing</i> | | <i>Ranch Dressing</i> | |

ELEMENTARY LUNCH

| 21 | | | | |
|--|--|--|--|--|
| Cheese Stuffed Breadsticks | | | | |
| <i>Pizza Sauce</i> | | | | |
| Nachos, Cheese, & Salsa Fun Lunch | | | | |
| Muffin, Goldfish & Yogurt Fun Lunch | | | | |
| PB&J and Cheese Fun Lunch | | | | |
| <i>Assorted Fresh Vegetables</i> | | | | |
| <i>Assorted Chilled Fruit</i> | | | | |
| <i>Fresh Whole Fruit</i> | | | | |
| <i>1% LowFat Milk</i> | | | | |
| <i>Chocolate Low Fat Milk</i> | | | | |
| <i>Ketchup Packet</i> | | | | |
| <i>Mustard Packet</i> | | | | |
| <i>Mayonnaise Light</i> | | | | |
| <i>Ranch Dressing</i> | | | | |

HS GROWLER LUNCH

| 1 | 2 | 3 | 4 | 5 |
|---|---|---|---|---|
| Classic Cheeseburger Crispy Chicken Patty Sandwich | Classic Cheeseburger Crispy Chicken Patty Sandwich | Classic Cheeseburger Crispy Chicken Patty Sandwich | Classic Cheeseburger Crispy Chicken Patty Sandwich | Classic Cheeseburger Crispy Chicken Patty Sandwich |
| Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat |
| Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks |
| <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> |
| Turkey and Cheese Sub Italian Hoagie | Turkey and Cheese Sub Italian Hoagie | Turkey and Cheese Sub Italian Hoagie | Turkey and Cheese Sub Italian Hoagie | Turkey and Cheese Sub Italian Hoagie |
| Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub |
| Grape Uncrustable | Grape Uncrustable | Grape Uncrustable | Grape Uncrustable | Grape Uncrustable |
| <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> |
| <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> |
| <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> |
| <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> |
| <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> |
| <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> |
| <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> |
| <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> |
| <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> |
| <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> |
| <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> |

HS GROWLER LUNCH

| 6 | 7 | 8 | 9 | 10 |
|--|--|--|--|--|
| Classic Cheeseburger | Classic Cheeseburger | Classic Cheeseburger | Classic Cheeseburger | Classic Cheeseburger |
| Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich |
| Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat |
| Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks |
| <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> |
| Turkey and Cheese Sub | Turkey and Cheese Sub | Turkey and Cheese Sub | Turkey and Cheese Sub | Turkey and Cheese Sub |
| Italian Hoagie | Italian Hoagie | Italian Hoagie | Italian Hoagie | Italian Hoagie |
| Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub |
| Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods |
| <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> |
| <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> |
| <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> |
| <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> |
| <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> |
| <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> |
| <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> |
| <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> |
| <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> |
| <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> |
| <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> |

HS GROWLER LUNCH

| 11 | 12 | 13 | 14 | 15 |
|--|--|--|--|--|
| Classic Cheeseburger | Classic Cheeseburger | Classic Cheeseburger | Classic Cheeseburger | Classic Cheeseburger |
| Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich |
| Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat |
| Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks |
| <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> |
| Turkey and Cheese Sub | Turkey and Cheese Sub | Turkey and Cheese Sub | Turkey and Cheese Sub | Turkey and Cheese Sub |
| Italian Hoagie | Italian Hoagie | Italian Hoagie | Italian Hoagie | Italian Hoagie |
| Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub |
| Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods |
| <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> |
| <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> |
| <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> |
| <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> |
| <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> |
| <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> |
| <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> |
| <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> |
| <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> |
| <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> |
| <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> |

HS GROWLER LUNCH

| 16 | 17 | 18 | 19 | 20 |
|--|--|--|--|--|
| Classic Cheeseburger | Classic Cheeseburger | Classic Cheeseburger | Classic Cheeseburger | Classic Cheeseburger |
| Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich |
| Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat | Beef Hot Dog on Whole Wheat |
| Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks | Cheese Stuffed Breadsticks |
| <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> |
| Turkey and Cheese Sub | Turkey and Cheese Sub | Turkey and Cheese Sub | Turkey and Cheese Sub | Turkey and Cheese Sub |
| Italian Hoagie | Italian Hoagie | Italian Hoagie | Italian Hoagie | Italian Hoagie |
| Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub | Turkey Ham & Cheese Sub |
| Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods |
| <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> | <i>Sliced Fresh Apples</i> |
| <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> | <i>Fresh Baby Carrots</i> |
| <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> | <i>Garbanzo Beans</i> |
| <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> |
| <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> |
| <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> |
| <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> |
| <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> |
| <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> |
| <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> |
| <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> |

HS GROWLER LUNCH

21

Classic Cheeseburger

**Crispy Chicken Patty
Sandwich**

**Beef Hot Dog on Whole
Wheat**

Cheese Stuffed Breadsticks

Pizza Sauce

Turkey and Cheese Sub

Italian Hoagie

Turkey Ham & Cheese Sub

**Grape Un crustable or
Equivalent Foods**

Sliced Fresh Apples

Fresh Baby Carrots

Assorted Fresh Vegetables

Garbanzo Beans

1% Low-fat Milk

Chocolate Fat Free Milk

Ketchup

Mustard

Light Mayonnaise

Hot Sauce

Creamy Ranch Salad Dressing

Honey Mustard

HIGH SHOOOL LUNCH MENU

| 1 | 2 | 3 | 4 | 5 |
|--|--|--|--|--|
| <p align="center">Mashed Potato & Chicken Bowl</p> <p align="center"><i>Dinner Roll</i> <i>Seasoned Corn</i></p> | <p align="center">Seasoned Beef Taco Meat</p> <p align="center"><i>Tortilla Chips</i> <i>Shredded Romaine Lettuce</i> <i>Cheddar Cheese Sauce</i></p> <p align="center"><i>Sliced Jalapenos</i> <i>Sour Cream</i> <i>Classic Guacamole</i> <i>Fresh Diced Red Onion</i> <i>Salsa</i> <i>Seasoned Corn</i></p> | <p align="center">Chicken Nuggets</p> <p align="center"><i>Soft Baked Pretzel</i> <i>Oven Baked Curly Fries</i> <i>Cheddar Cheese Sauce</i> <i>Seasoned Broccoli Florets</i> <i>Hot Sauce</i> <i>BBQ Sauce</i> <i>Sweet & Sour Sauce</i></p> | <p align="center">Orange Chicken</p> <p align="center"><i>Vegetable Egg Roll</i> <i>Lo Mein Noodles</i> <i>Seasoned Peas</i> <i>Seasoned Broccoli Florets</i> <i>Crunchy Asian Topping</i> <i>Fortune Cookie</i></p> | <p align="center">Ham and Cheese on Pretzel Roll</p> <p align="center"><i>Creamy Potato Soup</i> <i>Chopped Bacon</i> <i>Shredded Cheddar Cheese</i> <i>Croutons</i> <i>Fresh Caesar Salad</i></p> |
| <p align="center">Mozzarella and Pepperoni Panini</p> <p align="center">Crispy Chicken Patty Sandwich</p> <p align="center">Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p align="center">Cheeseburger</p> <p align="center">Crispy Chicken Patty Sandwich</p> <p align="center">Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p align="center">Italian Meatball Sub</p> <p align="center">Crispy Chicken Patty Sandwich</p> <p align="center">Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p align="center">Chicken & Mozzarella Stick Combo</p> <p align="center"><i>Soft Baked Pretzel</i></p> <p align="center">Classic Chicken Sandwich</p> <p align="center">Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p align="center">Beef Nachos</p> <p align="center"><i>Salsa</i> <i>Sour Cream</i></p> <p align="center">Crispy Chicken Patty Sandwich</p> <p align="center">Spicy Chicken Sandwich <i>Seasoned Fries</i></p> |
| <p align="center">Cheese Stuffed Breadsticks</p> <p align="center"><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p align="center">Meat Lover's Stromboli</p> <p align="center"><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p align="center">Baked Mozzarella Cheese Sticks</p> <p align="center"><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p align="center">Pepperoni Calzone</p> <p align="center"><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p align="center">Cheese Stuffed Breadsticks</p> <p align="center"><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> |
| <p align="center">Deli Turkey Deli Turkey Ham Salami Tuna Salad <i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i> <i>Everything Bagel Topped Sub Roll</i></p> <p align="center"><i>Roma Italian Seasoned Sub Roll</i></p> <p align="center"><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i></p> <p align="center">Grape Uncrustable Grape Uncrustable or Equivalent Foods</p> | <p align="center">Deli Turkey Deli Turkey Ham Salami Tuna Salad <i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i> <i>Everything Bagel Topped Sub Roll</i></p> <p align="center"><i>Roma Italian Seasoned Sub Roll</i></p> <p align="center"><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i></p> <p align="center">Grape Uncrustable Grape Uncrustable or Equivalent Foods</p> | <p align="center">Deli Turkey Deli Turkey Ham Salami Tuna Salad <i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i> <i>Everything Bagel Topped Sub Roll</i></p> <p align="center"><i>Roma Italian Seasoned Sub Roll</i></p> <p align="center"><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i></p> <p align="center">Grape Uncrustable Grape Uncrustable or Equivalent Foods</p> | <p align="center">Deli Turkey Deli Turkey Ham Salami Tuna Salad <i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i> <i>Everything Bagel Topped Sub Roll</i></p> <p align="center"><i>Roma Italian Seasoned Sub Roll</i></p> <p align="center"><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i></p> <p align="center">Grape Uncrustable Grape Uncrustable or Equivalent Foods</p> | <p align="center">Deli Turkey Deli Turkey Ham Salami Tuna Salad <i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i> <i>Everything Bagel Topped Sub Roll</i></p> <p align="center"><i>Roma Italian Seasoned Sub Roll</i></p> <p align="center"><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i></p> <p align="center">Grape Uncrustable Grape Uncrustable or Equivalent Foods</p> |
| <p align="center"><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i></p> <p align="center"><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> <p align="center"><i>Ketchup</i> <i>Mustard</i></p> | <p align="center"><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Sliced Cucumbers</i> <i>Assorted Fresh Vegetables</i></p> <p align="center"><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> <p align="center"><i>Ketchup</i> <i>Mustard</i></p> | <p align="center"><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Garbanzo Beans</i></p> <p align="center"><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> <p align="center"><i>Ketchup</i> <i>Mustard</i></p> | <p align="center"><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i></p> <p align="center"><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> <p align="center"><i>Ketchup</i> <i>Mustard</i></p> | <p align="center"><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i></p> <p align="center"><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> <p align="center"><i>Ketchup</i> <i>Mustard</i></p> |

HIGH SHOOOL LUNCH MENU

| | | | | |
|---|---|---|---|---|
| <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> |
|---|---|---|---|---|

HIGH SHOOOL LUNCH MENU

| 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|
| <p align="center">Mashed Potato & Chicken Bowl</p> <p align="center"><i>Dinner Roll</i> <i>Seasoned Corn</i></p> | <p align="center">Soft Flour Tortilla</p> <p align="center"><i>Pork Carnitas</i> <i>Seasoned Beef Taco Meat</i> <i>Fajita Marinated Chicken</i> <i>Mexican Style Refried Beans</i></p> <p align="center"><i>Steamed Rice</i></p> <p align="center"><i>Shredded Romaine Lettuce</i> <i>Salsa</i> <i>Shredded Cheddar Cheese</i> <i>Sour Cream</i> <i>Classic Guacamole</i></p> | <p align="center">BBQ Shredded Pork</p> <p align="center">Cajun Roasted Pork Butt <i>Macaroni and Cheese</i> <i>Chopped Bacon</i> <i>Boston Baked Beans</i></p> <p align="center"><i>Combread</i></p> <p align="center"><i>Confetti Coleslaw</i></p> | <p align="center">Kung Pao Pork</p> <p align="center"><i>Vegetable Egg Roll</i> <i>Lo Mein Noodles</i> <i>Seasoned Peas</i> <i>Seasoned Broccoli</i></p> <p align="center"><i>Crunchy Asian Tortilla Strips</i></p> <p align="center"><i>Fortune Cookies</i></p> | <p align="center">Classic Hamburger</p> <p align="center"><i>American Cheese</i> <i>Provolone Cheese</i> <i>Pickles</i> <i>Chopped Bacon</i></p> <p align="center"><i>Green Leaf Lettuce</i></p> <p align="center"><i>Sliced Tomatoes</i> <i>Fresh Sliced Red Onion</i> <i>Baked Shoestring Fries</i></p> |
| <p align="center">Bacon Cheeseburger</p> <p align="center">Classic Chicken Sandwich</p> <p align="center">Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p align="center">Philly Cheese Steak</p> <p align="center">Crispy Chicken Patty Sandwich</p> <p align="center">Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p align="center">Chicken & Mozzarella Stick Combo</p> <p align="center"><i>Soft Baked Pretzel</i></p> <p align="center">Classic Chicken Sandwich</p> <p align="center">Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p align="center">Italian Sausage</p> <p align="center"><i>Roma Italian Seasoned Sub Roll</i></p> <p align="center"><i>Pizza Sauce</i> Classic Chicken Sandwich</p> <p align="center">Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p align="center">Nashville Hot Chicken Sandwich</p> <p align="center">Crispy Chicken Patty Sandwich</p> <p align="center">Spicy Chicken Sandwich <i>Seasoned Fries</i></p> |
| <p align="center">Cheese Stuffed Breadsticks</p> <p align="center"><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p align="center">Pepperoni Stromboli</p> <p align="center"><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p align="center">Baked Mozzarella Cheese Sticks</p> <p align="center"><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p align="center">Sicilian Calzone</p> <p align="center"><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p align="center">Cheese Stuffed Breadsticks</p> <p align="center"><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> |
| <p align="center">Deli Turkey Deli Turkey Ham Salami Tuna Salad <i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i> <i>Everything Bagel Topped Sub Roll</i></p> <p align="center"><i>Roma Italian Seasoned Sub Roll or Equivalent Food</i></p> | <p align="center">Deli Turkey Deli Turkey Ham Salami Tuna Salad <i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i> <i>Everything Bagel Topped Sub Roll</i></p> <p align="center"><i>Roma Italian Seasoned Sub Roll or Equivalent Food</i></p> | <p align="center">Deli Turkey Deli Turkey Ham Salami Tuna Salad <i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i> <i>Everything Bagel Topped Sub Roll</i></p> <p align="center"><i>Roma Italian Seasoned Sub Roll or Equivalent Food</i></p> | <p align="center">Deli Turkey Deli Turkey Ham Salami Tuna Salad <i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i> <i>Everything Bagel Topped Sub Roll</i></p> <p align="center"><i>Roma Italian Seasoned Sub Roll or Equivalent Food</i></p> | <p align="center">Deli Turkey Deli Turkey Ham Salami Tuna Salad <i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i> <i>Everything Bagel Topped Sub Roll</i></p> <p align="center"><i>Roma Italian Seasoned Sub Roll or Equivalent Food</i></p> |
| <p align="center"><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i> Grape Uncrustable</p> | <p align="center"><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i> Grape Uncrustable</p> | <p align="center"><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i> Grape Uncrustable</p> | <p align="center"><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i> Grape Uncrustable</p> | <p align="center"><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i> Grape Uncrustable</p> |
| <p align="center"><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i></p> | <p align="center"><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Sliced Cucumbers</i> <i>Assorted Fresh Vegetables</i></p> | <p align="center"><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Garbanzo Beans</i></p> | <p align="center"><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i></p> | <p align="center"><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i></p> |
| <p align="center"><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> | <p align="center"><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> | <p align="center"><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> | <p align="center"><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> | <p align="center"><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> |
| Ketchup | Ketchup | Ketchup | Ketchup | Ketchup |

HIGH SHOOOL LUNCH MENU

| | | | | |
|---|---|---|---|---|
| <i>Mustard</i> <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Mustard</i> <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Mustard</i> <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Mustard</i> <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Mustard</i> <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> |
|---|---|---|---|---|

HIGH SHOOOL LUNCH MENU

| 11 | 12 | 13 | 14 | 15 |
|--|--|--|--|--|
| Mashed Potato & Chicken Bowl | Home-style Beef and Bean Chili | Chicken Tenders | General Tso's Chicken or equivalent | Fajita Style Chicken |
| <i>Dinner Roll</i> | Beef Chili | Buffalo Jumbo Crispy Chicken Tenders | <i>Lo Mein Noodles</i> | <i>Penne Pasta</i> |
| <i>Seasoned Corn</i> | <i>Tortilla Chips</i> | BBQ Jumbo Crispy Chicken Tenders | <i>Vegetable Egg Roll</i> | <i>Alfredo Sauce</i> |
| | <i>Shredded Romaine Lettuce</i> | <i>Seasoned Fries</i> | <i>Seasoned Peas</i> | <i>Marinara Sauce</i> |
| | <i>Cheddar Cheese Sauce</i> | <i>Soft Baked Pretzel</i> | <i>Seasoned Broccoli</i> | <i>Seasoned Broccoli Florets</i> |
| | <i>Chile Con Queso Sauce</i> | <i>Cheddar Cheese Sauce</i> | <i>Crunchy Asian Topping</i> | <i>Whole Grain Toasted Garlic Bread</i> |
| | <i>Sliced Jalapenos</i> | <i>Seasoned Broccoli</i> | <i>Fortune Cookies</i> | |
| | <i>Sour Cream</i> | | | |
| | <i>Classic Guacamole</i> | | | |
| | <i>Fresh Diced Red Onion</i> | | | |
| Hot Ham and Cheese Pretzel Sandwich | Mozzarella and Tomato Panini | Beef Nachos | Chicken Tender Boat with Fries | Cheese Burger |
| | | <i>Salsa</i> | <i>Dinner Roll</i> | |
| | | <i>Sour Cream</i> | | |
| Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Classic Chicken Sandwich |
| Spicy Chicken Sandwich | Spicy Chicken Sandwich | Spicy Chicken Sandwich | Spicy Chicken Sandwich | Spicy Chicken Sandwich |
| <i>Seasoned Waffle Fries</i> | <i>Seasoned Waffle Fries</i> | <i>Oven Baked Curly Fries</i> | <i>Oven Baked Curly Fries</i> | <i>Oven Baked Curly Fries</i> |
| Cheese Stuffed Breadsticks | Meat Lover's Stromboli | Baked Mozzarella Cheese Sticks | Pepperoni Calzone | Cheese Stuffed Breadsticks |
| <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | <i>Pizza Sauce</i> |
| Personal Cheese Pizza | Personal Cheese Pizza | Personal Cheese Pizza | Personal Cheese Pizza | Personal Cheese Pizza |
| Personal Pepperoni Pizza | Personal Pepperoni Pizza | Personal Pepperoni Pizza | Personal Pepperoni Pizza | Personal Pepperoni Pizza |
| Deli Turkey | Deli Turkey | Deli Turkey | Deli Turkey | Deli Turkey |
| Deli Turkey Ham | Deli Turkey Ham | Deli Turkey Ham | Deli Turkey Ham | Deli Turkey Ham |
| Salami | Salami | Salami | Salami | Salami |
| Tuna Salad | Tuna Salad | Tuna Salad | Tuna Salad | Tuna Salad |
| <i>American Cheese</i> | <i>American Cheese</i> | <i>American Cheese</i> | <i>American Cheese</i> | <i>American Cheese</i> |
| <i>Provolone Cheese</i> | <i>Provolone Cheese</i> | <i>Provolone Cheese</i> | <i>Provolone Cheese</i> | <i>Provolone Cheese</i> |
| <i>Sub Roll</i> | <i>Sub Roll</i> | <i>Sub Roll</i> | <i>Sub Roll</i> | <i>Sub Roll</i> |
| <i>Everything Bagel Topped Sub Roll</i> | <i>Everything Bagel Topped Sub Roll</i> | <i>Everything Bagel Topped Sub Roll</i> | <i>Everything Bagel Topped Sub Roll</i> | <i>Everything Bagel Topped Sub Roll</i> |
| <i>Roma Italian Seasoned Sub Roll or Equivalent Food</i> | <i>Roma Italian Seasoned Sub Roll or Equivalent Food</i> | <i>Roma Italian Seasoned Sub Roll or Equivalent Food</i> | <i>Roma Italian Seasoned Sub Roll or Equivalent Food</i> | <i>Roma Italian Seasoned Sub Roll or Equivalent Food</i> |
| <i>Bayou Seasoned Sub Roll</i> | <i>Bayou Seasoned Sub Roll</i> | <i>Bayou Seasoned Sub Roll</i> | <i>Bayou Seasoned Sub Roll</i> | <i>Bayou Seasoned Sub Roll</i> |
| <i>Soft Flour Tortilla</i> | <i>Soft Flour Tortilla</i> | <i>Soft Flour Tortilla</i> | <i>Soft Flour Tortilla</i> | <i>Soft Flour Tortilla</i> |
| <i>Pretzel Bun</i> | <i>Pretzel Bun</i> | <i>Pretzel Bun</i> | <i>Pretzel Bun</i> | <i>Pretzel Bun</i> |
| <i>Chopped Bacon</i> | <i>Chopped Bacon</i> | <i>Chopped Bacon</i> | <i>Chopped Bacon</i> | <i>Chopped Bacon</i> |
| <i>Sliced Black Olives</i> | <i>Sliced Black Olives</i> | <i>Sliced Black Olives</i> | <i>Sliced Black Olives</i> | <i>Sliced Black Olives</i> |
| <i>Sliced Tomatoes</i> | <i>Sliced Tomatoes</i> | <i>Sliced Tomatoes</i> | <i>Sliced Tomatoes</i> | <i>Sliced Tomatoes</i> |
| <i>Shredded Romaine Lettuce</i> | <i>Shredded Romaine Lettuce</i> | <i>Shredded Romaine Lettuce</i> | <i>Shredded Romaine Lettuce</i> | <i>Shredded Romaine Lettuce</i> |
| <i>Banana Peppers</i> | <i>Banana Peppers</i> | <i>Banana Peppers</i> | <i>Banana Peppers</i> | <i>Banana Peppers</i> |
| <i>Corn Chips</i> | <i>Corn Chips</i> | <i>Corn Chips</i> | <i>Corn Chips</i> | <i>Corn Chips</i> |
| <i>Mayo</i> | <i>Mayo</i> | <i>Mayo</i> | <i>Mayo</i> | <i>Mayo</i> |
| <i>Buffalo Ranch Sauce</i> | <i>Buffalo Ranch Sauce</i> | <i>Buffalo Ranch Sauce</i> | <i>Buffalo Ranch Sauce</i> | <i>Buffalo Ranch Sauce</i> |
| <i>Creamy Ranch Dressing</i> | <i>Creamy Ranch Dressing</i> | <i>Creamy Ranch Dressing</i> | <i>Creamy Ranch Dressing</i> | <i>Creamy Ranch Dressing</i> |
| <i>Light Italian Dressing</i> | <i>Light Italian Dressing</i> | <i>Light Italian Dressing</i> | <i>Light Italian Dressing</i> | <i>Light Italian Dressing</i> |
| <i>Spicy Brown Mustard</i> | <i>Spicy Brown Mustard</i> | <i>Spicy Brown Mustard</i> | <i>Spicy Brown Mustard</i> | <i>Spicy Brown Mustard</i> |
| Grape Uncrustable Grape Uncrustable or Equivalent Foods | Grape Uncrustable Grape Uncrustable or Equivalent Foods | Grape Uncrustable Grape Uncrustable or Equivalent Foods | Grape Uncrustable Grape Uncrustable or Equivalent Foods | Grape Uncrustable Grape Uncrustable or Equivalent Foods |
| <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> |
| <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> |
| <i>Assorted Fresh Vegetables</i> | <i>Sliced Cucumbers</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Garbanzo Beans</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> |

HIGH SHOOOL LUNCH MENU

| <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> |
|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|
| <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> |
| <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> |
| <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> |
| <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> | <i>Hot Sauce</i> |
| <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> |
| | | | | |
| <i>BBQ Sauce</i> | <i>BBQ Sauce</i> | <i>BBQ Sauce</i> | <i>BBQ Sauce</i> | <i>BBQ Sauce</i> |

HIGH SHOOOL LUNCH MENU

| 16 | 17 | 18 | 19 | 20 |
|---|--|---|---|--|
| <p>Mashed Potato & Chicken Bowl</p> <p><i>Dinner Roll</i> <i>Seasoned Corn</i></p> | <p>Soft Flour Tortilla</p> <p><i>Pork Carnitas</i> <i>Seasoned Beef Taco Meat</i> <i>Fajita Marinated Chicken</i></p> <p><i>Seasoned Pinto Beans</i> <i>Steamed Rice</i> <i>Shredded Romaine Lettuce</i> <i>Salsa</i> <i>Shredded Cheddar Cheese</i> <i>Sour Cream</i> <i>Classic Guacamole</i></p> | <p>Jumbo Crispy Chicken Tenders</p> <p>BBQ Jumbo Crispy Chicken Tenders</p> <p><i>Macaroni and Cheese</i> <i>Chopped Bacon</i> <i>Seasoned Broccoli Florets</i></p> <p><i>Seasoned Peas</i></p> | <p>Sweet & Sour Chicken</p> <p><i>Vegetable Egg Roll</i> <i>Fried Rice</i> <i>Sweet & Spicy Green Beans</i></p> <p><i>Crunchy Asian Topping</i> <i>Fortune Cookies, Ind</i></p> | <p>Beef Philly Steak</p> <p>Fajita Style Chicken</p> <p><i>Sub Roll</i> <i>Sauteed Peppers & Onions</i> <i>Pizza Sauce</i></p> <p><i>Cheddar Cheese Sauce</i> <i>Chopped Bacon</i> <i>Banana Peppers</i> <i>Seasoned Fries</i></p> |
| <p>Bacon Cheeseburger</p> <p>Classic Chicken Sandwich</p> <p>Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p>Toasty Cheese Sandwich</p> <p><i>Tomato Basil Bisque</i> <i>Keebler Zesta Oyster Crackers, 0.5 o</i></p> <p>Crispy Chicken Patty Sandwich</p> <p>Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p>Italian Meatball Sub</p> <p>Classic Chicken Sandwich</p> <p>Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p>Buffalo Ranch Chicken Quesadilla</p> <p>Classic Chicken Sandwich</p> <p>Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | <p>Nashville Hot Chicken Sandwich</p> <p>Crispy Chicken Patty Sandwich</p> <p>Spicy Chicken Sandwich <i>Seasoned Fries</i></p> |
| <p>Cheese Stuffed Breadsticks</p> <p><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p>Pepperoni Stromboli</p> <p><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p>Baked Mozzarella Cheese Sticks</p> <p><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p>Sicilian Calzone</p> <p><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> | <p>Cheese Stuffed Breadsticks</p> <p><i>Pizza Sauce</i> Personal Cheese Pizza Personal Pepperoni Pizza</p> |
| <p>Deli Turkey Deli Turkey Ham Salami</p> <p><i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i></p> <p><i>Everything Bagel Topped Sub Roll</i></p> <p><i>Roma Italian Seasoned Sub Roll</i></p> <p><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i> Grape Uncrustable</p> <p><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i></p> <p><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> <p><i>Ketchup</i> <i>Mustard</i></p> | <p>Deli Turkey Deli Turkey Ham Salami</p> <p><i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i></p> <p><i>Everything Bagel Topped Sub Roll</i></p> <p><i>Roma Italian Seasoned Sub Roll</i></p> <p><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i> Grape Uncrustable</p> <p><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Sliced Cucumbers</i> <i>Assorted Fresh Vegetables</i></p> <p><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> <p><i>Ketchup</i> <i>Mustard</i></p> | <p>Deli Turkey Deli Turkey Ham Salami</p> <p><i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i></p> <p><i>Everything Bagel Topped Sub Roll</i></p> <p><i>Roma Italian Seasoned Sub Roll</i></p> <p><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i> Grape Uncrustable</p> <p><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Garbanzo Beans</i> <i>Assorted Fresh Vegetables</i></p> <p><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> <p><i>Ketchup</i> <i>Mustard</i></p> | <p>Deli Turkey Deli Turkey Ham Salami</p> <p><i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i></p> <p><i>Everything Bagel Topped Sub Roll</i></p> <p><i>Roma Italian Seasoned Sub Roll</i></p> <p><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Corn Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i> Grape Uncrustable</p> <p><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i></p> <p><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> <p><i>Ketchup</i> <i>Mustard</i></p> | |

HIGH SHOOOL LUNCH MENU

| | | | | |
|---|---|---|---|---|
| <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> | <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i> <i>BBQ Sauce</i> |
|---|---|---|---|---|

HIGH SHOOOL LUNCH MENU

| | | | | |
|---|--|--|--|--|
| 21 | | | | |
| <p>Mashed Potato & Chicken Bowl</p> <p><i>Dinner Roll</i> <i>Seasoned Corn</i></p> | | | | |
| <p>Classic Cheeseburger Crispy Chicken Patty Sandwich</p> <p>Spicy Chicken Sandwich <i>Seasoned Fries</i></p> | | | | |
| <p>Cheese Stuffed Breadsticks</p> <p><i>Pizza Sauce</i></p> <p>Personal Cheese Pizza Personal Pepperoni Pizza</p> | | | | |
| <p>Deli Turkey Deli Turkey Ham Salami Tuna Salad <i>American Cheese</i> <i>Provolone Cheese</i> <i>Sub Roll</i> <i>Everything Bagel Topped Sub Roll</i></p> <p><i>Roma Italian Seasoned Sub Roll</i></p> <p><i>Bayou Seasoned Sub Roll</i> <i>Soft Flour Tortilla</i> <i>Pretzel Bun</i> <i>Chopped Bacon</i> <i>Sliced Black Olives</i> <i>Sliced Tomatoes</i> <i>Shredded Romaine Lettuce</i> <i>Banana Peppers</i> <i>Com Chips</i> <i>Mayo</i> <i>Buffalo Ranch Sauce</i> <i>Creamy Ranch Dressing</i> <i>Light Italian Dressing</i> <i>Spicy Brown Mustard</i></p> <p>Grape Uncrustable</p> | | | | |
| <p><i>Fresh Whole Fruit</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i></p> | | | | |
| <p><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i></p> | | | | |
| <p><i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Hot Sauce</i> <i>Creamy Ranch Salad Dressing</i></p> <p><i>BBQ Sauce</i></p> | | | | |

MIDDLE SCHOOL LUNCH

| 1 | 2 | 3 | 4 | 5 |
|---|---|---|---|---|
| Mashed Potato & Chicken Bowl | Chicken & Cheese Quesadilla | Macaroni and Cheese | Chicken Tenders | Classic Hamburger |
| <i>Dinner Roll</i> | <i>Sour Cream</i> | <i>BBQ Shredded Pork</i> | BBQ Jumbo Crispy Chicken Tenders | <i>American Cheese</i> |
| <i>Seasoned Corn</i> | <i>Sliced Jalapenos</i> | <i>Pulled Pork</i> | <i>Soft Baked Pretzel</i> | <i>Provolone Cheese</i> |
| | <i>Shredded Romaine Lettuce</i> | <i>Chopped Bacon</i> | <i>Oven Baked Curly Fries</i> | <i>Pickles</i> |
| | <i>Salsa</i> | <i>Boston Baked Beans</i> | <i>Cheddar Cheese Sauce</i> | <i>Chopped Bacon</i> |
| | <i>Classic Guacamole</i> | <i>Cornbread</i> | <i>Seasoned Broccoli with Cheese Sauce</i> | <i>Green Leaf Lettuce</i> |
| | <i>Sliced Black Olives</i> | <i>Confetti Coleslaw</i> | | <i>Sliced Tomatoes</i> |
| | <i>Seasoned Corn</i> | | | <i>Fresh Sliced Red Onion</i> |
| | | | | <i>Baked Shoestring Fries</i> |
| | | | | <i>Vegetarian Baked Beans</i> |
| Spicy Chicken Sandwich | Spicy Chicken Sandwich | Spicy Chicken Sandwich | Spicy Chicken Sandwich | Spicy Chicken Sandwich |
| Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich | Crispy Chicken Patty Sandwich |
| Classic American Cheeseburger | | Chicken & Mozzarella Stick Combo | | Italian Meatball Sub |
| <i>Seasoned Fries</i> | <i>Seasoned Fries</i> | <i>Soft Baked Pretzel</i> | <i>Seasoned Fries</i> | <i>Seasoned Fries</i> |
| | | <i>Seasoned Fries</i> | | |
| Baked Mozzarella Cheese Sticks | Cheese Stuffed Breadsticks | Cheesy French Bread Pizza | Cheese Stuffed Breadsticks | Cheese Pizza |
| <i>Pizza Sauce</i> | <i>Pizza Sauce</i> | | <i>Pizza Sauce</i> | |
| | Pepperoni & Cheese Calzone | | Meat Lover's Stromboli | |
| Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods |
| Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich |
| Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich |
| <i>Sliced Fresh Apples</i> | <i>Fresh Orange</i> | <i>Sliced Fresh Apples</i> | <i>Fresh Orange</i> | <i>Sliced Fresh Apples</i> |
| <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> | <i>Assorted Chilled Fruit</i> |
| | <i>Assorted Fruit Juice</i> | | <i>Assorted Fruit Juice</i> | |
| <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> | <i>Garbanzo Beans</i> | <i>Assorted Fresh Vegetables</i> | <i>Assorted Fresh Vegetables</i> |
| <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> |
| <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> |
| <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> | <i>Ketchup</i> |
| <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> | <i>Mustard</i> |
| <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> | <i>Light Mayonnaise</i> |
| <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> | <i>Creamy Ranch Salad Dressing</i> |
| <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> | <i>Honey Mustard</i> |
| <i>BBQ Sauce</i> | <i>BBQ Sauce</i> | <i>BBQ Sauce</i> | <i>BBQ Sauce</i> | <i>BBQ Sauce</i> |

MIDDLE SCHOOL LUNCH

| 6 | 7 | 8 | 9 | 10 |
|---|---|--|---|---|
| Mashed Potato & Chicken Bowl | Seasoned Beef Taco Meat | Beef Philly Steak | Savory Salisbury Steak | Sweet & Sour Chicken with Pineapple |
| <i>Dinner Roll</i> <i>Seasoned Corn</i> | <i>Tortilla Chips</i> <i>Seasoned Corn</i> <i>Classic Guacamole</i> <i>Sour Cream</i> | Fajita Style Chicken <i>Sub Roll</i> <i>Sauteed Peppers & Onions</i> <i>Pizza Sauce</i> | <i>Mashed Potatoes</i> <i>Savory Green Beans</i> <i>Brown Gravy</i> <i>Whole Grain Toasted Garlic Bread</i> | <i>Vegetable Egg Roll</i> <i>Fried Rice</i> <i>Seasoned Broccoli</i> <i>Crunchy Asian Tortilla Strips</i> |
| | <i>Salsa</i> <i>Sliced Jalapenos</i> <i>Cheddar Cheese Sauce</i> <i>Sliced Black Olives</i> <i>Shredded Romaine Lettuce</i> | <i>Cheddar Cheese Sauce</i> <i>Chopped Bacon</i> <i>Banana Peppers</i> <i>Seasoned Fries</i> <i>Seasoned Mixed Vegetables</i> | | <i>Fortune Cookies</i> |
| Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich |
| BBQ Pork Sandwich | | Chicken Tender Boat with Fries | | Italian Sausage |
| | | <i>Soft Baked Pretzel</i> | | <i>Roma Italian Seasoned Sub Roll</i> |
| <i>Seasoned Fries</i> | <i>Seasoned Fries</i> | <i>Seasoned Fries</i> | <i>Seasoned Fries</i> | <i>Pizza Sauce</i> <i>Seasoned Fries</i> Cheese Pizza |
| Baked Mozzarella Cheese Sticks | Cheese Stuffed Breadsticks | Cheesy French Bread Pizza | Cheese Stuffed Breadsticks | |
| <i>Pizza Sauce</i> | <i>Pizza Sauce</i> Italian Stromboli | | <i>Pizza Sauce</i> Pepperoni Stromboli | |
| Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods |
| Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich |
| Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich |
| <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> | <i>Fresh Orange</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fruit Juice</i> | <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> | <i>Fresh Orange</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fruit Juice</i> | <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> |
| <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Garbanzo Beans</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> |
| <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> |

MIDDLE SCHOOL LUNCH

| 11 | 12 | 13 | 14 | 15 |
|--|--|---|--|--|
| Mashed Potato & Chicken Bowl | Cheese Quesadilla | Chicken Nuggets | Toasty Cheese Sandwich | General Tso's Chicken |
| <i>Dinner Roll</i> <i>Seasoned Corn</i> | <i>Sour Cream</i> <i>Sliced Jalapenos</i> <i>Shredded Romaine Lettuce</i> | <i>Honey BBQ Sauce</i> <i>Soft Baked Pretzel</i> <i>Smile Potatoes</i> | <i>Chicken Noodle Soup</i> <i>Whole Grain Seasoned Croutons</i> | <i>Lo Mein Noodles</i> <i>Seasoned Broccoli</i> <i>Crunchy Asian Topping</i> |
| | <i>Salsa</i> | <i>Seasoned Broccoli Florets</i> | <i>Keebler Zesta Oyster Crackers, 0.5 o</i> | <i>Fortune Cookies</i> |
| | <i>Classic Guacamole</i> <i>Sliced Black Olives</i> <i>Seasoned Corn</i> | <i>Cheddar Cheese Sauce</i> | <i>Fresh Caesar Salad</i> | <i>Vegetable Egg Roll</i> |
| Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich |
| Classic American Cheeseburger | | Chicken & Mozzarella Stick Combo | | Italian Meatball Sub |
| <i>Seasoned Fries</i> | <i>Seasoned Fries</i> | <i>Soft Baked Pretzel</i> <i>Seasoned Fries</i> | <i>Seasoned Fries</i> | <i>Seasoned Fries</i> |
| Baked Mozzarella Cheese Sticks | Cheese Stuffed Breadsticks | Cheesy French Bread Pizza | Cheese Stuffed Breadsticks | Cheese Pizza |
| <i>Pizza Sauce</i> | <i>Pizza Sauce</i> Pepperoni & Cheese Calzone | | <i>Pizza Sauce</i> Meat Lover's Stromboli | |
| Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods |
| Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich |
| Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich |
| <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> | <i>Fresh Orange</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fruit Juice</i> | <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> | <i>Fresh Orange</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fruit Juice</i> | <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> |
| <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> | <i>Assorted Fresh Vegetables</i> <i>Garbanzo Beans</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> |
| <i>Ketchup</i> <i>Mustard</i> <i>Mustard</i> | <i>Ketchup</i> <i>Mustard</i> <i>Mustard</i> | <i>Ketchup</i> <i>Mustard</i> <i>Mustard</i> | <i>Ketchup</i> <i>Mustard</i> <i>Mustard</i> | <i>Ketchup</i> <i>Mustard</i> <i>Mustard</i> |
| <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> |
| <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> |

MIDDLE SCHOOL LUNCH

| 16 | 17 | 18 | 19 | 20 |
|---|---|--|---|---|
| Mashed Potato & Chicken Bowl | Seasoned Beef Taco Meat | Chicken Tenders | Beef Meatballs | Beef Philly Steak |
| <i>Dinner Roll</i> <i>Seasoned Corn</i> | <i>Tortilla Chips</i> <i>Seasoned Corn</i> <i>Classic Guacamole</i> <i>Sour Cream</i> <i>Salsa</i> <i>Sliced Jalapenos</i> | <i>BBQ Sauce</i> <i>Soft Baked Pretzel</i> <i>Oven Baked Curly Fries</i> <i>Cheddar Cheese Sauce</i> <i>Vegetarian Baked Beans</i> | Fajita Style Chicken <i>Penne Pasta</i> <i>Alfredo Sauce</i> <i>Marinara Sauce</i> <i>Seasoned Broccoli Florets</i> <i>Whole Grain Toasted Garlic Bread</i> | Fajita Style Chicken <i>Sub Roll</i> <i>Sauteed Peppers & Onions</i> <i>Pizza Sauce</i> <i>Cheddar Cheese Sauce</i> <i>Chopped Bacon</i> |
| Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich |
| BBQ Pork Sandwich | | Chicken Tender Boat with Fries | | Italian Sausage |
| <i>Seasoned Fries</i> | <i>Seasoned Fries</i> | <i>Soft Baked Pretzel</i> <i>Seasoned Fries</i> | <i>Seasoned Fries</i> | <i>Roma Italian Seasoned Sub Roll</i> <i>Pizza Sauce</i> <i>Seasoned Fries</i> |
| Baked Mozzarella Cheese Sticks | Cheese Stuffed Breadsticks | Cheesy French Bread Pizza | Cheese Stuffed Breadsticks | Cheese Pizza |
| <i>Pizza Sauce</i> | <i>Pizza Sauce</i> Italian Stromboli | | <i>Pizza Sauce</i> Pepperoni Stromboli | |
| Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods |
| Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich |
| Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich |
| <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> | <i>Fresh Orange</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fruit Juice</i> | <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> | <i>Fresh Orange</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fruit Juice</i> | <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> |
| <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Garbanzo Beans</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> |
| <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> |

MIDDLE SCHOOL LUNCH

| 11 | 12 | 13 | 14 | 15 |
|---|---|--|---|---|
| Mashed Potato & Chicken Bowl | Beef, Bean & Cheese Burrito | Chicken Nuggets | Toasty Cheese Sandwich | General Tso's Chicken or Equivalent Foods |
| <i>Dinner Roll</i> <i>Seasoned Corn</i> | <i>Sour Cream</i> <i>Sliced Jalapenos</i> <i>Salsa</i> | <i>Honey BBQ Sauce</i> <i>Soft Baked Pretzel</i> <i>Smile Potatoes</i> | <i>Creamy Tomato Soup</i> <i>Whole Grain Seasoned Croutons</i> | <i>Lo Mein Noodles</i> <i>Seasoned Broccoli</i> <i>Crunchy Asian Topping</i> |
| | <i>Classic Guacamole</i> <i>Seasoned Corn</i> | <i>Seasoned Broccoli Florets</i> <i>Cheddar Cheese Sauce</i> | <i>Keebler Zesta Oyster Crackers, 0.5 o</i> <i>Fresh Caesar Salad</i> | <i>Fortune Cookies</i> <i>Vegetable Egg Roll</i> |
| Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich | Spicy Chicken Sandwich Crispy Chicken Patty Sandwich |
| Classic American Cheeseburger | | Chicken & Mozzarella Stick Combo | | Italian Meatball Sub |
| <i>Seasoned Fries</i> | <i>Seasoned Fries</i> | <i>Soft Baked Pretzel</i> <i>Seasoned Fries</i> | <i>Seasoned Fries</i> | <i>Seasoned Fries</i> |
| Baked Mozzarella Cheese Sticks | Cheese Stuffed Breadsticks | Cheesy French Bread Pizza | Cheese Stuffed Breadsticks | Cheese Pizza |
| <i>Pizza Sauce</i> | <i>Pizza Sauce</i> Pepperoni & Cheese Calzone | | <i>Pizza Sauce</i> Meat Lover's Stromboli | |
| Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods | Grape Uncrustable or Equivalent Foods |
| Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich | Turkey Ham and Cheese Pretzel Sandwich |
| Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich | Turkey and Cheese Pretzel Sandwich |
| <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> | <i>Fresh Orange</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fruit Juice</i> | <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> | <i>Fresh Orange</i> <i>Assorted Chilled Fruit</i> <i>Assorted Fruit Juice</i> | <i>Sliced Fresh Apples</i> <i>Assorted Chilled Fruit</i> |
| <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Garbanzo Beans</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> | <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup</i> <i>Mustard</i> <i>Light Mayonnaise</i> <i>Creamy Ranch Salad Dressing</i> |
| <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> | <i>Honey Mustard</i> <i>BBQ Sauce</i> |

MIDDLE SCHOOL LUNCH

21

Mashed Potato & Chicken Bowl

Dinner Roll

Seasoned Corn

Spicy Chicken Sandwich

Crispy Chicken Patty Sandwich

BBQ Pork Sandwich

Seasoned Fries

Baked Mozzarella Cheese Sticks

Pizza Sauce

Grape Uncrustable or Equivalent Foods

Turkey Ham and Cheese Pretzel Sandwich

Turkey and Cheese Pretzel Sandiwch

Sliced Fresh Apples

Assorted Chilled Fruit

Assorted Fresh Vegetables

Assorted Fresh Vegetables

1% Low-fat Milk

Chocolate Fat Free Milk

Ketchup

Mustard

Light Mayonnaise

Creamy Ranch Salad Dressing

Honey Mustard

BBQ Sauce

MIDDLE SCHOOL LUNCH

| |
|--|
| |
|--|

RIVER ROCK BREAKFAST

| 1 | 2 | 3 | 4 | 5 |
|---|--|--|--|--|
| Whole Grain Blueberry Muffin <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Lucky Charms Cereal or Equivalent Foods <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Fresh Orange</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Honey Nut Cheerios or Equivalent Foods <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Cinnamon Toast Cereal or Equivalent Foods <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Fresh Orange</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Cocoa Puffs Cereal Bar or Equivalent Foods <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> |
| 6 | 7 | 8 | 9 | 10 |
| Frosted Cinnamon Pop-Tart or Equivalent Foods <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Honey Nut Cheerios or Equivalent Foods <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Fresh Orange</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Chocolate Chocolate Chip Muffin <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Cocoa Puffs Cereal or Equivalent Foods <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Fresh Orange</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Cinnamon Toast Crunch Cereal Bar or Equivalent Foods <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> |
| 11 | 12 | 13 | 14 | 15 |
| Frosted Strawberry Pop-Tart or Equivalent Foods <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Lucky Charms Cereal or Equivalent Foods <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Fresh Orange</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Apple Cinnamon Muffin <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Fudge Pop-Tart or Equivalent Foods <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Fresh Orange</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Cinnamon Toast Cereal or Equivalent Foods <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> |
| 16 | 17 | 18 | 19 | 20 |
| Whole Grain Blueberry Muffin <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Lucky Charms Cereal <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Fresh Orange</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Honey Nut Cheerios or Equivalent Foods <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Chocolate Chocolate Chip Muffin <i>Cheddar Goldfish Crackers</i> <i>Assorted Fruit Juice</i> <i>Fresh Orange</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | Cocoa Puffs Cereal Bar or Equivalent Foods <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> |
| 21 | | | | |
| Frosted Cinnamon Pop-Tart or Equivalent Foods <i>Honey Graham Crackers</i> <i>Assorted Fruit Juice</i> <i>Sliced Fresh Apples</i> <i>1% LowFat Milk</i> <i>Chocolate Low Fat Milk</i> | | | | |

| RR LUNCH | | | | |
|---|---|--|---|--|
| 1 | 2 | 3 | 4 | 5 |
| <p>Cheese Stuffed Breadsticks</p> <p><i>Pizza Sauce</i></p> <p>Peanut Butter & Grape Jelly Uncru or Equivalent Foods</p> <p><i>Fresh Red Delicious Apple</i> <i>Fresh Carrots</i> <i>Red and Green Bell Pepper Strips</i></p> <p><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup, PC</i> <i>Mustard, Ind</i> <i>Light Mayonnaise, Ind</i> <i>Hot Sauce, PC</i></p> | <p>Crispy Chicken Breast Sandwich</p> <p>Turkey Ham & Cheese on Pretzel Roll</p> <p><i>Fruit Cocktail</i> <i>Homestyle Potato Salad</i> <i>Fresh Grape Tomatoes</i></p> <p><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup, PC</i> <i>Mustard, Ind</i> <i>Light Mayonnaise, Ind</i> <i>Hot Sauce, PC</i></p> | <p>Baked Mozzarella Cheese Sticks</p> <p><i>Pizza Sauce</i></p> <p>Nachos, Cheese, & Salsa Fun Lunch</p> <p><i>Fresh Orange</i> <i>Fresh Celery Sticks</i> <i>Garbanzo Beans</i></p> <p><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup, PC</i> <i>Mustard, Ind</i> <i>Light Mayonnaise, Ind</i> <i>Hot Sauce, PC</i></p> | <p>Pizza Burger</p> <p>Peanut Butter & Grape Jelly Uncru or Equivalent Foods</p> <p><i>Chilled Peaches</i> <i>Fresh Broccoli Florets</i> <i>Assorted Fresh Vegetables</i></p> <p><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup, PC</i> <i>Mustard, Ind</i> <i>Light Mayonnaise, Ind</i> <i>Hot Sauce, PC</i></p> | <p>Chicken Bacon Cheddar Melt</p> <p>Muffin, Granola & Yogurt Fun Lunch</p> <p><i>Unsweetened Applesauce</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i></p> <p><i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup, PC</i> <i>Mustard, Ind</i> <i>Light Mayonnaise, Ind</i> <i>Hot Sauce, PC</i></p> |
| 6 | 7 | 8 | 9 | 10 |
| <p>Baked Mozzarella Cheese Sticks</p> <p><i>Pizza Sauce</i></p> <p>Peanut Butter & Grape Jelly Uncru or Equivalent Foods</p> <p><i>Fresh Orange</i> <i>Fresh Carrots</i> <i>Homestyle Potato Salad</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup, PC</i> <i>Mustard, Ind</i> <i>Light Mayonnaise, Ind</i> <i>Hot Sauce, PC</i></p> | <p>BBQ Rib-B-Q Sandwich</p> <p>Turkey Ham & Cheese on Pretzel Roll</p> <p><i>Fresh Orange</i> <i>Fresh Carrots</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup, PC</i> <i>Mustard, Ind</i> <i>Light Mayonnaise, Ind</i> <i>Hot Sauce, PC</i></p> | <p>Cheese Stuffed Breadsticks</p> <p><i>Pizza Sauce</i></p> <p>Build Your Own Pizza</p> <p><i>Fresh Orange</i> <i>Fresh Celery Sticks</i> <i>Garbanzo Beans</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup, PC</i> <i>Mustard, Ind</i> <i>Light Mayonnaise, Ind</i> <i>Hot Sauce, PC</i></p> | <p>Turkey and Cheese Sub</p> <p>Peanut Butter & Grape Jelly Uncru or Equivalent Foods</p> <p><i>Chilled Peaches</i> <i>Fresh Broccoli Florets</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup, PC</i> <i>Mustard, Ind</i> <i>Light Mayonnaise, Ind</i> <i>Hot Sauce, PC</i></p> | <p>Turkey Ham & Cheese Croissant</p> <p>Muffin, Granola & Yogurt Fun Lunch</p> <p><i>Unsweetened Applesauce</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> <i>1% Low-fat Milk</i> <i>Chocolate Fat Free Milk</i> <i>Ketchup, PC</i> <i>Mustard, Ind</i> <i>Light Mayonnaise, Ind</i> <i>Hot Sauce, PC</i></p> |

| RR LUNCH | | | | |
|---|--|---|---|--|
| 11 | 12 | 13 | 14 | 15 |
| Mini Corn Dogs Nachos, Cheese, & Salsa Fun Lunch <i>Chilled Pears</i> <i>Homestyle Potato Salad</i> <i>Red and Green Bell Pepper Strips</i> 1% Low-fat Milk Chocolate Fat Free Milk Ketchup, PC Mustard, Ind Light Mayonnaise, Ind Hot Sauce, PC | Beef Hot Dog on Whole Wheat Turkey Ham & Cheese on Pretzel Roll <i>Fruit Cocktail</i> <i>Homestyle Potato Salad</i> <i>Fresh Grape Tomatoes</i> 1% Low-fat Milk Chocolate Fat Free Milk Ketchup, PC Mustard, Ind Light Mayonnaise, Ind Hot Sauce, PC | Cheese Stuffed Breadsticks Muffin, Cheese, & Yogurt Fun Lunch <i>Fresh Orange</i> <i>Fresh Celery Sticks</i> <i>Garbanzo Beans</i> 1% Low-fat Milk Chocolate Fat Free Milk Ketchup, PC Mustard, Ind Light Mayonnaise, Ind Hot Sauce, PC | Italian Chicken Parm Sandwich WG PB & Strawberry Jelly Uncrustable <i>Chilled Peaches</i> <i>Fresh Broccoli Florets</i> <i>Assorted Fresh Vegetables</i> 1% Low-fat Milk Chocolate Fat Free Milk Ketchup, PC Mustard, Ind Light Mayonnaise, Ind Hot Sauce, PC | Classic American Cheeseburger Bagel with Yogurt and String Cheese <i>Peanut Butter</i> <i>Unsweetened Applesauce</i> <i>Assorted Fresh Vegetables</i> <i>Assorted Fresh Vegetables</i> 1% Low-fat Milk Chocolate Fat Free Milk Ketchup, PC Mustard, Ind Light Mayonnaise, Ind Hot Sauce, PC |
| 16 | 17 | 18 | 19 | 20 |
| Cheese Stuffed Breadsticks <i>Pizza Sauce</i> Peanut Butter & Grape Jelly Uncru or Equivalent Foods <i>Fresh Red Delicious Apple</i> <i>Fresh Carrots</i> <i>Red and Green Bell Pepper Strips</i> 1% Low-fat Milk Chocolate Fat Free Milk Ketchup, PC Mustard, Ind Light Mayonnaise, Ind Hot Sauce, PC | French Bread Pizza Turkey Ham & Cheese on Pretzel Roll <i>Fruit Cocktail</i> <i>Homestyle Potato Salad</i> <i>Fresh Grape Tomatoes</i> 1% Low-fat Milk Chocolate Fat Free Milk Ketchup, PC Mustard, Ind Light Mayonnaise, Ind Hot Sauce, PC | Crispy Chicken Breast Sandwich Build Your Own Pizza <i>Fresh Orange</i> <i>Fresh Celery Sticks</i> <i>Garbanzo Beans</i> 1% Low-fat Milk Chocolate Fat Free Milk Ketchup, PC Mustard, Ind Light Mayonnaise, Ind Hot Sauce, PC | Pizza Burger Peanut Butter & Grape Jelly Uncru or Equivalent Foods <i>Chilled Peaches</i> <i>Fresh Broccoli Florets</i> <i>Assorted Fresh Vegetables</i> 1% Low-fat Milk Chocolate Fat Free Milk Ketchup, PC Mustard, Ind Light Mayonnaise, Ind Hot Sauce, PC | Personal Cheese Pizza Muffin, Granola & Yogurt Fun Lunch <i>Unsweetened Applesauce</i> <i>Assorted Fresh Vegetables</i> <i>Homestyle Potato Salad</i> 1% Low-fat Milk Chocolate Fat Free Milk Ketchup, PC Mustard, Ind Light Mayonnaise, Ind Hot Sauce, PC |

21

Baked Mozzarella Cheese Sticks

Pizza Sauce

**Peanut Butter & Grape Jelly Uncru or
Equivalent Foods**

Fresh Red Delicious Apple

Fresh Carrots

Red and Green Bell Pepper Strips

1% Low-fat Milk

Chocolate Fat Free Milk

Ketchup, PC

Mustard, Ind

Light Mayonnaise, Ind

Hot Sauce, PC

| SECONDARY/GROWLER BREAKFAST MENU | | | | |
|--|--|--|--|--|
| 1 | 2 | 3 | 4 | 5 |
| Sausage, Egg, & Cheese Bagel | Sausage & Egg on English Muffin | Bacon, Egg, & Cheese Bagel | Sausage & Egg on Croissant | Bacon, Egg, & Cheese Bagel |
| Bacon, Egg, & Cheese on a Biscuit | Egg & Cheese Croissant | Sausage, Egg & Cheese on a Biscuit | Turkey Ham, Egg, & Cheese Bagel | Sausage, Egg & Cheese on a Biscuit |
| | <i>Chopped Bacon</i> | | | |
| Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin |
| Chocolate Chocolate Chip Muffin | Chocolate Chocolate Chip Muffin | Chocolate Chocolate Chip Muffin | Chocolate Chocolate Chip Muffin | Chocolate Chocolate Chip Muffin |
| <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> |
| Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods |
| Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods |
| Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods |
| <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> |
| <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> |
| <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> |
| <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> |
| <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> |
| 6 | 7 | 8 | 9 | 10 |
| Sausage, Egg, & Cheese Bagel | Sausage & Egg on English Muffin | Bacon, Egg, & Cheese Bagel | Sausage & Egg on Croissant | Bacon, Egg, & Cheese Bagel |
| Bacon, Egg, & Cheese on a Biscuit | Egg & Cheese Croissant | Sausage, Egg & Cheese on a Biscuit | Turkey Ham, Egg, & Cheese Bagel | Sausage, Egg & Cheese on a Biscuit |
| | <i>Chopped Bacon</i> | | | |
| Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin |
| WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin |
| <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> |
| Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods |
| Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods |
| Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods |
| <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> |
| <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> |
| <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> |
| <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> |
| <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> |

| 11 | 12 | 13 | 14 | 15 |
|---|--|---|---|---|
| Sausage, Egg, & Cheese Bagel | Sausage & Egg on English Muffin | Bacon, Egg, & Cheese Bagel | Sausage & Egg on Croissant | Bacon, Egg, & Cheese Bagel |
| Bacon, Egg, & Cheese on a Biscuit | Egg & Cheese Croissant | Sausage, Egg & Cheese on a Biscuit | Turkey Ham, Egg, & Cheese Bagel | Sausage, Egg & Cheese on a Biscuit |
| Whole Grain Blueberry Muffin | <i>Chopped Bacon</i> Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin |
| WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin |
| <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> |
| Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods |
| Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods |
| Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods |
| <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> |
| <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> |
| <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> |
| <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> |
| <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> |
| 16 | 17 | 18 | 19 | 20 |
| Sausage, Egg, & Cheese Bagel | Sausage & Egg on English Muffin | Bacon, Egg, & Cheese Bagel | Sausage & Egg on Croissant | Bacon, Egg, & Cheese Bagel |
| Bacon, Egg, & Cheese on a Biscuit | Egg & Cheese Croissant | Sausage, Egg & Cheese on a Biscuit | Turkey Ham, Egg, & Cheese Bagel | Sausage, Egg & Cheese on a Biscuit |
| Whole Grain Blueberry Muffin | <i>Chopped Bacon</i> Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin | Whole Grain Blueberry Muffin |
| WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin | WG Chocolate Chocolate Chip Muffin |
| <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> | <i>Yoplait Light Very Vanilla Yogurt</i> |
| Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods | Frosted Strawberry Pop-Tart or Equivalent Foods |
| Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods | Frosted Cinnamon Pop-Tart or Equivalent Foods |
| Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods | Frosted Fudge Pop-Tart or Equivalent Foods |
| <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> | <i>Cheddar Goldfish Crackers</i> |
| <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> | <i>Assorted Fruit Juice</i> |
| <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> | <i>Fresh Whole Fruit</i> |
| <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> | <i>1% Low-fat Milk</i> |
| <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> | <i>Chocolate Fat Free Milk</i> |

| 21 | | | | |
|--|--|--|--|--|
| <p>Sausage, Egg, & Cheese Bagel</p> <p>Bacon, Egg, & Cheese on a Biscuit</p> <p>Whole Grain Blueberry Muffin</p> <p>WG Chocolate Chocolate Chip Muffin</p> <p><i>Yoplait Light Very Vanilla Yogurt</i></p> <p>Frosted Strawberry Pop-Tart or Equivalent Foods</p> <p>Frosted Cinnamon Pop-Tart or Equivalent Foods</p> <p>Frosted Fudge Pop-Tart or Equivalent Foods</p> <p><i>Cheddar Goldfish Crackers</i></p> <p><i>Assorted Fruit Juice</i></p> <p><i>Fresh Whole Fruit</i></p> <p><i>1% Low-fat Milk</i></p> <p><i>Chocolate Fat Free Milk</i></p> | | | | |