ELEMENTARY BREAKFAST MENU				
1	2	3	4	5
Cocoa Puffs Cereal Bar or Equivalent Food	WG Chocolate Chocolate Chip Muffin	Cinnamon Toast Crunch Cereal Bar or Equivalent Food	Frosted Fudge Pop-Tart or Equivalent Food	WG Blueberry Muffin
Cheddar Goldfish Crackers	Animal Crackers	Scooby Doo Graham Crackers	Cheddar Goldfish Crackers	Scooby Doo Graham Crackers or Equivalent Food
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples
Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots
1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
6	7	8	9	10
WG Banana Muffin	WG Chocolate Chocolate Chip Muffin	Frosted Cinnamon Pop-Tart or Equivalent Food	WG Blueberry Muffin	Chocolate Chip Oatmeal Bar
Cheddar Goldfish Crackers	Animal Crackers	Scooby Doo Graham Crackers	Cheddar Goldfish Crackers	Scooby Doo Graham Crackers or Equivalent Food
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples
Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots
1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
11	12	13	14	15
Cocoa Puffs Cereal Bar or Equivalent Food	WG Chocolate Chocolate Chip Muffin	Cinnamon Toast Crunch Cereal Bar or Equivalent Food	Frosted Strawberry Pop-Tart or Equivalent Food	WG Blueberry Muffin
Cheddar Goldfish Crackers	Animal Crackers	Scooby Doo Graham Crackers	Cheddar Goldfish Crackers	Scooby Doo Graham Crackers or Equivalent Food
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples
Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots
1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
16	17	18	19	20
WG Banana Muffin	WG Chocolate Chocolate Chip Muffin	Frosted Cinnamon Pop-Tart or Equivalent Food	WG Blueberry Muffin	Chocolate Chip Oatmeal Bar
Cheddar Goldfish Crackers	Animal Crackers	Scooby Doo Graham Crackers	Cheddar Goldfish Crackers	Scooby Doo Graham Crackers or Equivalent Food
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples	Sliced Fresh Apples
Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots
1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
21				ı
Chocolate Chip Oatmeal Bar				
Cheddar Goldfish Crackers				
Assorted Fruit Juice				
Sliced Fresh Apples				
Fresh Baby Carrots				
1% LowFat Milk				
Chocolate Fat Free Milk				

		ELEMENTARY LUNCH			
1	2	3	4	5	
Chicken Nuggets	Toasty Cheese Sandwich	Beef Hot dog on Whole Wheat	Cheese Stuffed Breadsticks	Classic American Cheeseburger	
Soft Baked Pretzel			Pizza Sauce		
Nachos, Cheese, & Salsa Fun Lunch	Turkey & Cheese on Flatbread	Build Your Own Pizza Fun Lunch	Turkey Ham & Cheese Sandwich	Cereal, Yogurt & Cheese Fun Lunch	
Muffin, Goldfish & Yogurt Fun Lunch	Cereal, Goldfish & Yogurt Fun Lunch	Muffin, Cheese, & Yogurt Fun Lunch	Cereal, Yogurt & Cheese Fun Lunch	Muffin, Cheese, & Yogurt Fun Lunch	
PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	
	Seasoned Peas	Vegetarian Baked Beans	Green Beans	Seasoned Corn	
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	
1% LowFat Milk	Assorted Fruit Juice	1% LowFat Milk	Assorted Fruit Juice	1% LowFat Milk	
Chocolate Low Fat Milk	1% LowFat Milk	Chocolate Low Fat Milk	1% LowFat Milk	Chocolate Low Fat Milk	
Ketchup Packet	Chocolate Low Fat Milk	Ketchup Packet	Chocolate Low Fat Milk	Ketchup Packet	
Mustard Packet	Ketchup Packet	Mustard Packet	Ketchup Packet	Mustard Packet	
Mayonnaise Light	Mustard Packet	Mayonnaise Light	, Mustard Packet	Mayonnaise Light	
Ranch Dressing	Mayonnaise Light	Ranch Dressing	Mayonnaise Light	Ranch Dressing	
	Ranch Dressing		Ranch Dressing		
6	7	8	9	10	
Baked Mozzarella Cheese Sticks	Crispy Chicken Breast Sandwich	Italian Meatball Sub	Cheese Pizza	Mini Turkey Corn Dogs	
Pizza Sauce					
Nachos, Cheese, & Salsa Fun Lunch	Turkey & Cheese on Flatbread	Build Your Own Pizza Fun Lunch	Turkey Ham & Cheese Sandwich	Cereal, Yogurt & Cheese Fun Lunch	
Muffin, Goldfish & Yogurt Fun Lunch	Cereal, Goldfish & Yogurt Fun Lunch	Muffin, Cheese, & Yogurt Fun Lunch	Cereal, Yogurt & Cheese Fun Lunch	Muffin, Cheese, & Yogurt Fun Lunch	
Muffin, Goldfish & Yogurt Fun Lunch PB&J and Cheese Fun Lunch	Cereal, Goldfish & Yogurt Fun Lunch PB&J and Cheese Fun Lunch	Muffin, Cheese, & Yogurt Fun Lunch PB&J and Cheese Fun Lunch	Cereal, Yogurt & Cheese Fun Lunch PB&J and Cheese Fun Lunch	Muffin, Cheese, & Yogurt Fun Lunch	
_		-	-	-	
PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	
PB&J and Cheese Fun Lunch Seasoned Peas	PB&J and Cheese Fun Lunch Vegetarian Baked Beans	PB&J and Cheese Fun Lunch Tater Tots	PB&J and Cheese Fun Lunch Seasoned Broccoli Florets	PB&J and Cheese Fun Lunch Seasoned Mixed Vegetables	
PB&J and Cheese Fun Lunch Seasoned Peas Assorted Fresh Vegetables	PB&J and Cheese Fun Lunch Vegetarian Baked Beans Assorted Fresh Vegetables	PB&J and Cheese Fun Lunch Tater Tots Assorted Fresh Vegetables	PB&J and Cheese Fun Lunch Seasoned Broccoli Florets Assorted Fresh Vegetables	PB&J and Cheese Fun Lunch Seasoned Mixed Vegetables Assorted Fresh Vegetables	
PB&J and Cheese Fun Lunch Seasoned Peas Assorted Fresh Vegetables Assorted Chilled Fruit	PB&J and Cheese Fun Lunch Vegetarian Baked Beans Assorted Fresh Vegetables Assorted Chilled Fruit	PB&J and Cheese Fun Lunch Tater Tots Assorted Fresh Vegetables Assorted Chilled Fruit	PB&J and Cheese Fun Lunch Seasoned Broccoli Florets Assorted Fresh Vegetables Assorted Chilled Fruit	PB&J and Cheese Fun Lunch Seasoned Mixed Vegetables Assorted Fresh Vegetables Assorted Chilled Fruit	
PB&J and Cheese Fun Lunch Seasoned Peas Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit	PB&J and Cheese Fun Lunch Vegetarian Baked Beans Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit	PB&J and Cheese Fun Lunch Tater Tots Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit	PB&J and Cheese Fun Lunch Seasoned Broccoli Florets Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit	PB&J and Cheese Fun Lunch Seasoned Mixed Vegetables Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit	
PB&J and Cheese Fun Lunch Seasoned Peas Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk	PB&J and Cheese Fun Lunch Vegetarian Baked Beans Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice	PB&J and Cheese Fun Lunch Tater Tots Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk	PB&J and Cheese Fun Lunch Seasoned Broccoli Florets Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice	PB&J and Cheese Fun Lunch Seasoned Mixed Vegetables Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk	
PB&J and Cheese Fun Lunch Seasoned Peas Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk	PB&J and Cheese Fun Lunch Vegetarian Baked Beans Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk Chocolate Low Fat Milk	PB&J and Cheese Fun Lunch Tater Tots Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk	PB&J and Cheese Fun Lunch Seasoned Broccoli Florets Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk Chocolate Low Fat Milk	PB&J and Cheese Fun Lunch Seasoned Mixed Vegetables Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk	
PB&J and Cheese Fun Lunch Seasoned Peas Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet	PB&J and Cheese Fun Lunch Vegetarian Baked Beans Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk	PB&J and Cheese Fun Lunch Tater Tots Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet Mustard Packet	PB&J and Cheese Fun Lunch Seasoned Broccoli Florets Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk	PB&J and Cheese Fun Lunch Seasoned Mixed Vegetables Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet Mustard Packet	
PB&J and Cheese Fun Lunch Seasoned Peas Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet Mustard Packet	PB&J and Cheese Fun Lunch Vegetarian Baked Beans Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet	PB&J and Cheese Fun Lunch Tater Tots Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet	PB&J and Cheese Fun Lunch Seasoned Broccoli Florets Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet	PB&J and Cheese Fun Lunch Seasoned Mixed Vegetables Assorted Fresh Vegetables Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet	

		ELEMENTARY LUNCH		
11	12	13	14	15
French Bread Pizza	Chicken Tenders	Classic American Cheeseburger	Cheese Pizza	Breaded Chicken Drumstick
	Soft Baked Pretzel			Cornbread
Nachos, Cheese, & Salsa Fun Lunch	Turkey & Cheese on Flatbread	Build Your Own Pizza Fun Lunch	Turkey Ham & Cheese Sandwich	Cereal, Yogurt & Cheese Fun Lunc
Muffin, Goldfish & Yogurt Fun Lunch	Cereal, Goldfish & Yogurt Fun Lunch	Muffin, Cheese, & Yogurt Fun Lunch	Cereal, Yogurt & Cheese Fun Lunch	Muffin, Cheese, & Yogurt Fun Lunc
PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
1% LowFat Milk	Assorted Fruit Juice	1% LowFat Milk	Assorted Fruit Juice	1% LowFat Milk
Chocolate Low Fat Milk	1% LowFat Milk	Chocolate Low Fat Milk	1% LowFat Milk	Chocolate Low Fat Milk
Ketchup Packet	Chocolate Low Fat Milk	Ketchup Packet	Chocolate Low Fat Milk	Ketchup Packet
Mustard Packet	Ketchup Packet	Mustard Packet	Ketchup Packet	Mustard Packet
Mayonnaise Light	Mustard Packet	Mayonnaise Light	Mustard Packet	Mayonnaise Light
Ranch Dressing	Mayonnaise Light	Ranch Dressing	Mayonnaise Light	Ranch Dressing
•	Ranch Dressing	-	Ranch Dressing	-
16	17	18	19	20
Cheese Pizza	Chicken Nuggets	Cheese Steak Sandwich	Breaded Mozzarella Sticks	Cheese Steak Sandwich
	Warm Dinner Roll		Pizza Sauce	
Nachos, Cheese, & Salsa Fun Lunch	Turkey & Cheese on Flatbread	Build Your Own Pizza Fun Lunch	Turkey Ham & Cheese Sandwich	Cereal, Yogurt & Cheese Fun Lunc
Muffin, Goldfish & Yogurt Fun Lunch	Cereal, Goldfish & Yogurt Fun Lunch	Muffin, Cheese, & Yogurt Fun Lunch	Cereal, Yogurt & Cheese Fun Lunch	Muffin, Cheese, & Yogurt Fun Lunc
PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch	PB&J and Cheese Fun Lunch
			I .	
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
Assorted Fresh Vegetables Assorted Chilled Fruit	Assorted Fresh Vegetables Assorted Chilled Fruit	Assorted Fresh Vegetables Assorted Chilled Fruit	Assorted Fresh Vegetables Assorted Chilled Fruit	Assorted Fresh Vegetables Assorted Chilled Fruit
•	•	_	_	
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Assorted Chilled Fruit Fresh Whole Fruit	Assorted Chilled Fruit Fresh Whole Fruit	Assorted Chilled Fruit Fresh Whole Fruit	Assorted Chilled Fruit Fresh Whole Fruit	Assorted Chilled Fruit Fresh Whole Fruit
Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk	Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice	Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk	Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice	Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk
Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk	Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk	Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk	Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk	Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk
Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet Mustard Packet	Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk Chocolate Low Fat Milk	Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet	Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk Chocolate Low Fat Milk	Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet Mustard Packet
Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet	Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet	Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet Mustard Packet	Assorted Chilled Fruit Fresh Whole Fruit Assorted Fruit Juice 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet	Assorted Chilled Fruit Fresh Whole Fruit 1% LowFat Milk Chocolate Low Fat Milk Ketchup Packet

	ELEMENTARY LUNCH		
21			
Cheese Stuffed Breadsticks			
Pizza Sauce Nachos, Cheese, & Salsa Fun Lunch			
Muffin, Goldfish & Yogurt Fun Lunch			
PB&J and Cheese Fun Lunch			
Assorted Fresh Vegetables	I	I	l l
Assorted Chilled Fruit			
Fresh Whole Fruit			
1% LowFat Milk			
Chocolate Low Fat Milk			
Ketchup Packet			
Mustard Packet			
Mayonnaise Light			
Ranch Dressing			

		HS GROWLER LUNCH		
1	2	3	4	5
Classic Cheeseburger				
Crispy Chicken Patty Sandwich				
Beef Hot Dog on Whole Wheat				
Cheese Stuffed Breadsticks				
Pizza Sauce				
Turkey and Cheese Sub				
Italian Hoagie				
Turkey Ham & Cheese Sub				
Grape Uncrustable				
Sliced Fresh Apples				
Fresh Baby Carrots				
Assorted Fresh Vegetables				
Garbanzo Beans				
1% Low-fat Milk				
Chocolate Fat Free Milk				
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup
Mustard	Mustard	Mustard	Mustard	Mustard
Light Mayonnaise				
Hot Sauce				
Creamy Ranch Salad Dressing				
Honey Mustard				

		HS GROWLER LUNCH		
6	7	8	9	10
Classic Cheeseburger				
Crispy Chicken Patty Sandwich				
Beef Hot Dog on Whole Wheat				
Cheese Stuffed Breadsticks				
Pizza Sauce				
Turkey and Cheese Sub Italian Hoagie				
Turkey Ham & Cheese Sub				
Grape Uncrustable or Equivalent Foods				
Sliced Fresh Apples				
Fresh Baby Carrots				
Assorted Fresh Vegetables				
Garbanzo Beans				
1% Low-fat Milk				
Chocolate Fat Free Milk				
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup
Mustard	Mustard	Mustard	Mustard	Mustard
Light Mayonnaise				
Hot Sauce				
Creamy Ranch Salad Dressing				
Honey Mustard				

		HS GROWLER LUNCH		
11	12	13	14	15
Classic Cheeseburger				
Crispy Chicken Patty Sandwich				
Beef Hot Dog on Whole Wheat				
Cheese Stuffed Breadsticks				
Pizza Sauce				
Turkey and Cheese Sub				
Italian Hoagie				
Turkey Ham & Cheese Sub				
Grape Uncrustable or Equivalent Foods				
Sliced Fresh Apples				
Fresh Baby Carrots				
Assorted Fresh Vegetables				
Garbanzo Beans				
1% Low-fat Milk				
Chocolate Fat Free Milk				
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup
Mustard	Mustard	Mustard	Mustard	Mustard
Light Mayonnaise				
Hot Sauce				
Creamy Ranch Salad Dressing				
Honey Mustard				

		HS GROWLER LUNCH		
16	17	18	19	20
Classic Cheeseburger				
Crispy Chicken Patty Sandwich				
Beef Hot Dog on Whole Wheat				
Cheese Stuffed Breadsticks				
Pizza Sauce				
Turkey and Cheese Sub				
Italian Hoagie				
Turkey Ham & Cheese Sub				
Grape Uncrustable or Equivalent Foods				
Sliced Fresh Apples				
Fresh Baby Carrots				
Assorted Fresh Vegetables				
Garbanzo Beans				
1% Low-fat Milk				
Chocolate Fat Free Milk				
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup
Mustard	Mustard	Mustard	Mustard	Mustard
Light Mayonnaise				
Hot Sauce				
Creamy Ranch Salad Dressing				
Honey Mustard				

	LIC ODOM! ED LUNCU
	HS GROWLER LUNCH
21	
Classic Cheeseburger	
Crispy Chicken Patty	
Sandwich	
Beef Hot Dog on Whole Wheat	
Cheese Stuffed Breadsticks	
Pizza Sauce	
Turkey and Cheese Sub	
Italian Hoagie	
Turkey Ham & Cheese Sub	
Grape Uncrustable or	
Equivalent Foods	
Sliced Fresh Apples	
Fresh Baby Carrots	
Assorted Fresh Vegetables	
Garbanzo Beans	
1% Low-fat Milk	
Chocolate Fat Free Milk	
Ketchup	
Mustard	
Light Mayonnaise	
Hot Sauce	
Creamy Ranch Salad Dressing	
Honey Mustard	

HIGH SHOOL LUNCH MENU				
1	2	3	4	5
Mashed Potato & Chicken Bowl	Seasoned Beef Taco Meat	Chicken Nuggets	Orange Chicken	Ham and Cheese on Pretzel Roll
Diaman Dall	To dillo Oblino	Coff Body of Books of	Vanadable Fee Dell	One and Betata One
Dinner Roll	Tortilla Chips	Soft Baked Pretzel	Vegetable Egg Roll	Creamy Potato Soup
Seasoned Corn	Shredded Romaine Lettuce	Oven Baked Curly Fries	Lo Mein Noodles	Chopped Bacon
	Cheddar Cheese Sauce	Cheddar Cheese Sauce	Seasoned Peas	Shredded Cheddar Cheese
		Seasoned Broccoli Florets	Seasoned Broccoli Florets	Croutons
	Sliced Jalapenos	Hot Sauce	Crunchy Asian Topping	Fresh Caesar Salad
	Sour Cream	BBQ Sauce	Fortune Cookie	
	Classic Guacamole	Sweet & Sour Sauce		
	Fresh Diced Red Onion			
	Salsa			
	Seasoned Corn			
Mozzarella and Pepperoni Panini	Cheeseburger	Italian Meatball Sub	Chicken & Mozzarella Stick Combo	Beef Nachos
			Soft Baked Pretzel	Salsa
				Sour Cream
Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Classic Chicken Sandwich	Crispy Chicken Patty Sandwich
onspy officient any dalidwich	onspy officker ratty dandwich	onspy offickers ratty dandwich	Classic Chicken Candwich	Crispy Chicken Fatty Candwich
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries
Cheese Stuffed Breadsticks	Meat Lover's Stromboli	Baked Mozzarella Cheese Sticks	Pepperoni Calzone	Cheese Stuffed Breadsticks
S' 0	a	2: 0	2: 0	0. 0
Pizza Sauce	Pizza Sauce	Pizza Sauce	Pizza Sauce	Pizza Sauce
Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza
Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza
Deli Turkey	Deli Turkey	Deli Turkey	Deli Turkey	Deli Turkey
Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham
Salami	Salami	Salami	Salami	Salami
Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad
American Cheese	American Cheese	American Cheese	American Cheese	American Cheese
Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese
Sub Roll	Sub Roll	Sub Roll	Sub Roll	Sub Roll
Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll
Roma Italian Seasoned Sub Roll	Roma Italian Seasoned Sub Roll	Roma Italian Seasoned Sub Roll	Roma Italian Seasoned Sub Roll	Roma Italian Seasoned Sub Roll
Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll
Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla
Pretzel Bun	Pretzel Bun	Pretzel Bun	Pretzel Bun	Pretzel Bun
				I .
Chopped Bacon	Chopped Bacon	Chopped Bacon	Chopped Bacon	Chopped Bacon
Sliced Black Olives	Sliced Black Olives	Sliced Black Olives	Sliced Black Olives	Sliced Black Olives
Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes
Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce
Banana Peppers	Banana Peppers	Banana Peppers	Banana Peppers	Banana Peppers
Com Chips	Com Chips	Corn Chips	Corn Chips	Corn Chips
Mayo	Mayo	Mayo	Mayo	Mayo
Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce
Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing
Light Italian Dressing	Light Italian Dressing	Light Italian Dressing	Light Italian Dressing	Light Italian Dressing
Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard
pe Uncrustable Grape Uncrustable or Equivalent	Grape Uncrustable Grape Uncrustable or Equiv			
Foods	Foods	Foods	Foods	Foods
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Assorted Crilled Fruit Sliced Cucumbers			
Assorted Fresh Vegetables		Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Garbanzo Beans	Assorted Fresh Vegetables	Assorted Fresh Vegetables
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup

		HIGH SHOOL LUNCH MENU		
Light Mayonnaise				
Hot Sauce				
Creamy Ranch Salad Dressing				
BBQ Sauce				

6	7	8	9	10
Mashed Potato & Chicken Bowl	Soft Flour Tortilla	BBQ Shredded Pork	Kung Pao Pork	Classic Hamburger
Dinner Roll	Pork Carnitas	Cajun Roasted Pork Butt	Vegetable Egg Roll	American Cheese
Seasoned Corn	Seasoned Beef Taco Meat	Macaroni and Cheese	Lo Mein Noodles	Provolone Cheese
ocasonea com	Fajita Marinated Chicken	Chopped Bacon	Seasoned Peas	Pickles
	Mexican Style Refried Beans	Boston Baked Beans	Seasoned Broccoli	Chopped Bacon
	Steamed Rice	Cornbread	Crunchy Asian Tartilla String	Cross Loof Lattuce
	Steamed Rice	Cornbread	Crunchy Asian Tortilla Strips	Green Leaf Lettuce
	0	0.650	5 / 0 //	Sliced Tomatoes
	Shredded Romaine Lettuce	Confetti Coleslaw	Fortune Cookies	
	Salsa			Fresh Sliced Red Onion
	Shredded Cheddar Cheese			Baked Shoestring Fries
	Sour Cream			
	Classic Guacamole			
Bacon Cheeseburger	Philly Cheese Steak	Chicken & Mozzarella Stick Combo	Italian Sausage	Nashville Hot Chicken Sandwich
		Soft Baked Pretzel	Roma Italian Seasoned Sub Roll	
			Pizza Sauce	
Classic Chicken Sandwich	Crispy Chicken Patty Sandwich	Classic Chicken Sandwich	Classic Chicken Sandwich	Crispy Chicken Patty Sandwich
Giassic Gillerell Salluwich	Crispy Chicken Fally Sanuwich	Glassic Gilickell Salluwicii	Classic Chicken Sandwich	Chispy Chicken Fally Sandwich
0 . 0				
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries
Cheese Stuffed Breadsticks	Pepperoni Stromboli	Baked Mozzarella Cheese Sticks	Sicilian Calzone	Cheese Stuffed Breadsticks
Pizza Sauce	Pizza Sauce	Pizza Sauce	Pizza Sauce	Pizza Sauce
Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza
Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza
Deli Turkey	Deli Turkey	Deli Turkey	Deli Turkey	Deli Turkey
Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham
Salami	Salami	Salami	Salami	Salami
Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad
American Cheese	American Cheese	American Cheese	American Cheese	American Cheese
Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese
Sub Roll	Sub Roll	Sub Roll	Sub Roll	Sub Roll
Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll
ma Italian Seasoned Sub Roll or Equivalent Food	Roma Italian Seasoned Sub Roll or Equivalent Food	Roma Italian Seasoned Sub Roll or Equivalent Food	Roma Italian Seasoned Sub Roll or Equivalent Food	Roma Italian Seasoned Sub Roll or Equivalent Food
Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll
Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla
Pretzel Bun	Pretzel Bun	Pretzel Bun	Pretzel Bun	Pretzel Bun
Chopped Bacon	Chopped Bacon	Chopped Bacon	Chopped Bacon	Chopped Bacon
Sliced Black Olives	Sliced Black Olives	Sliced Black Olives	Sliced Black Olives	Sliced Black Olives
Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes
Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce
Banana Peppers	Banana Peppers	Banana Peppers	Banana Peppers	
				Banana Peppers
Com Chips	Com Chips	Corn Chips	Corn Chips	Corn Chips
Mayo	Mayo	Mayo	Mayo	Mayo
Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce
Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing
Light Italian Dressing	Light Italian Dressing	Light Italian Dressing	Light Italian Dressing	Light Italian Dressing
Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard
Grape Uncrustable	Grape Uncrustable	Grape Uncrustable	Grape Uncrustable	Grape Uncrustable
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Assorted Fresh Vegetables	Sliced Cucumbers	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
Assorted Fresh Vegetables Assorted Fresh Vegetables	Assorted Fresh Vegetables	Garbanzo Beans	Assorted Fresh Vegetables	Assorted Fresh Vegetables Assorted Fresh Vegetables
3	Assorted Fresh Vegetables 1% Low-fat Milk	Garbanzo Beans 1% Low-fat Milk		3
1% Low-fat Milk	11 1 11	11 11 11	1% Low-fat Milk	1% Low-fat Milk
Chocolate Fat Free Milk Ketchup	Chocolate Fat Free Milk			
Kotchun	Ketchup	Ketchup	Ketchup	Ketchup

HIGH SHOOL LUNCH MENU					
Mustard	Mustard	Mustard	Mustard	Mustard	
Light Mayonnaise					
Hot Sauce					
Creamy Ranch Salad Dressing					
BBQ Sauce					

		HIGH SHOOL LUNCH MENU		
11	12	13	14	15
Mashed Potato & Chicken Bowl	Home-style Beef and Bean Chili	Chicken Tenders	General Tso's Chicken or equivalent	Fajita Style Chicken
Masned Potato & Chicken Bowl	Home-style Beet and Bean Chill	Chicken Tenders	General 1808 Chicken or equivalent	Fajita Style Chicken
Dinner Roll	Beef Chili	Buffalo Jumbo Crispy Chicken Tenders	Lo Mein Noodles	Penne Pasta
Seasoned Com	Tortilla Chips	BBQ Jumbo Crispy Chicken Tenders	Vegetable Egg Roll	Alfredo Sauce
	Shredded Romaine Lettuce	Seasoned Fries	Seasoned Peas	Marinara Sauce
	Cheddar Cheese Sauce	Soft Baked Pretzel	Seasoned Proccoli	Seasoned Broccoli Florets
	Chile Con Queso Sauce	Cheddar Cheese Sauce	Crunchy Asian Topping	Whole Grain Toasted Garlic Bread
			and the same of th	
	Sliced Jalapenos	Seasoned Broccoli	Fortune Cookies	
	Sour Cream			
	Classic Guacamole			
	Fresh Diced Red Onion			
Hot Ham and Cheese Pretzel Sandwich	Mozzarella and Tomato Panini	Beef Nachos	Chicken Tender Boat with Fries	Cheese Burger
		Salsa	Dinner Roll	
		Sour Cream	Simo Noi	
Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Classic Chicken Sandwich
onepy one any canamon	onopy onionen any cumumon	Chief Chief and Canadian	onopy omenom any cumumon	Stability Statement
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
Seasoned Waffle Fries	Seasoned Waffle Fries	Oven Baked Curly Fries	Oven Baked Curly Fries	Oven Baked Curly Fries
Cheese Stuffed Breadsticks	Meat Lover's Stromboli	Baked Mozzarella Cheese Sticks	Pepperoni Calzone	Cheese Stuffed Breadsticks
Pizza Sauce	Pizza Sauce	Pizza Sauce	Pizza Sauce	Pizza Sauce
Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza
Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza
Deli Turkey	Deli Turkey	Deli Turkey	Deli Turkey	Deli Turkey
Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham
Salami	Salami	Salami	Salami	Salami
Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad
American Cheese	American Cheese	American Cheese	American Cheese	American Cheese
Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese
Sub Roll	Sub Roll	Sub Roll	Sub Roll	Sub Roll
Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll
Roma Italian Seasoned Sub Roll or Equivalent Food	Roma Italian Seasoned Sub Roll or Equivalent Food	Roma Italian Seasoned Sub Roll or Equivalent Food	Roma Italian Seasoned Sub Roll or Equivalent Food	Roma Italian Seasoned Sub Roll or Equivalent Food
Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll
Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla
Pretzel Bun	Pretzel Bun	Pretzel Bun	Pretzel Bun	Pretzel Bun
Chopped Bacon	Chopped Bacon	Chopped Bacon	Chopped Bacon	Chopped Bacon
Sliced Black Olives	Sliced Black Olives	Sliced Black Olives	Sliced Black Olives	Sliced Black Olives
Sliced Tomatoes	Sliced Tomatoes	Sliced Floratoes	Sliced Tomatoes	Sliced Tomatoes
Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce
Banana Peppers	Banana Peppers	Banana Peppers	Banana Peppers	Banana Peppers
Com Chips	Com Chips	Corn Chips	Corn Chips	Corn Chips
Mayo	Mayo	Mayo	Mayo	Mayo
Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce
Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing
Light Italian Dressing	Light Italian Dressing	Light Italian Dressing	Light Italian Dressing	Light Italian Dressing
Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard
Grape Uncrustable Grape Uncrustable or Equivalent	Grape Uncrustable Grape Uncrustable or Equivalent	Grape Uncrustable Grape Uncrustable or Equivalent	Grape Uncrustable Grape Uncrustable or Equivalent	Grape Uncrustable Grape Uncrustable or Equivalent
Foods	Foods	Foods	Foods	Foods
Toous				1
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Fresh Whole Fruit	Fresh Whole Fruit Assorted Chilled Fruit			
		Fresh Whole Fruit Assorted Chilled Fruit Assorted Fresh Vegetables	Fresh Whole Fruit Assorted Chilled Fruit Assorted Fresh Vegetables	Fresh Whole Fruit Assorted Chilled Fruit Assorted Fresh Vegetables
Fresh Whole Fruit Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit

HIGH SHOOL LUNCH MENU					
Chocolate Fat Free Milk					
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup	
Mustard	Mustard	Mustard	Mustard	Mustard	
Light Mayonnaise					
Hot Sauce					
Creamy Ranch Salad Dressing					
BBQ Sauce					

16	17	18	19	20
Mashed Potato & Chicken Bowl	Soft Flour Tortilla	Jumbo Crispy Chicken Tenders	Sweet & Sour Chicken	Beef Philly Steak
		BBQ Jumbo Crispy Chicken Tenders		Fajita Style Chicken
Dinner Roll	Pork Carnitas	Macaroni and Cheese	Vegetable Egg Roll	Sub Roll
Seasoned Corn	Seasoned Beef Taco Meat	Chopped Bacon	Fried Rice	Sauteed Peppers & Onions
	Fajita Marinated Chicken	Seasoned Broccoli Florets	Sweet & Spicy Green Beans	Pizza Sauce
	Seasoned Pinto Beans	Seasoned Peas	Crunchy Asian Topping	Cheddar Cheese Sauce
	Steamed Rice		Fortune Cookies, Ind	Chopped Bacon
	Shredded Romaine Lettuce			Banana Peppers
	Salsa			Seasoned Fries
	Shredded Cheddar Cheese			
	Sour Cream			
	Classic Guacamole			
Bacon Cheeseburger	Toasty Cheese Sandwich	Italian Meatball Sub	Buffalo Ranch Chicken Quesadilla	Nashville Hot Chicken Sandwich
	Tomato Basil Bisque			
	Keebler Zesta Oyster Crackers, 0.5 o			
Classic Chicken Sandwich	Crispy Chicken Patty Sandwich	Classic Chicken Sandwich	Classic Chicken Sandwich	Crispy Chicken Patty Sandwich
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries
Cheese Stuffed Breadsticks	Pepperoni Stromboli	Baked Mozzarella Cheese Sticks	Sicilian Calzone	Cheese Stuffed Breadsticks
Pizza Sauce	Pizza Sauce	Pizza Sauce	Pizza Sauce	Pizza Sauce
Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza	Personal Cheese Pizza
Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza	Personal Pepperoni Pizza
Deli Turkey	Deli Turkey	Deli Turkey	Deli Turkey	Deli Turkey
Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham	Deli Turkey Ham
Salami	Salami	Salami	Salami	Salami
American Cheese	American Cheese	American Cheese	American Cheese	American Cheese
Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese	Provolone Cheese
Sub Roll	Sub Roll	Sub Roll	Sub Roll	Sub Roll
verything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll	Everything Bagel Topped Sub Roll
veryuning bager ropped dub Noii	Everything bager ropped Sub Noil	Everyaning Dager Topped Gub Non	Everything Dayer Topped Sub Non	Everyaning Bager ropped Sub Non
Roma Italian Seasoned Sub Roll	Roma Italian Seasoned Sub Roll			
Norma Italian Seasoneu Sub Nor	Konia italian Seasoneu Sub Koli	Norna Italian Seasoned Sub Noil	Kollia italian Seasoned Sub Koll	Koma italian Seasoned Sub Koli
Bayou Seasoned Sub Roll	Bayou Seasoned Sub Roll			
Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla	Soft Flour Tortilla
				Pretzel Bun
Pretzel Bun Chopped Bacon	Pretzel Bun Chopped Bacon	Pretzel Bun Chopped Bacon	Pretzel Bun Chopped Bacon	Pretzei Bun Chopped Bacon
Chopped Bacon Sliced Black Olives	Chopped Bacon Sliced Black Olives	Cnopped Bacon Sliced Black Olives	Chopped Bacon Sliced Black Olives	Chopped Bacon Sliced Black Olives
	1			
Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes
Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce	Shredded Romaine Lettuce
Banana Peppers	Banana Peppers	Banana Peppers	Banana Peppers	Banana Peppers
Corn Chips	Com Chips	Corn Chips	Corn Chips	Corn Chips
Mayo	Mayo	Mayo	Mayo	Mayo
Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce	Buffalo Ranch Sauce
Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing	Creamy Ranch Dressing
Light Italian Dressing	Light Italian Dressing	Light Italian Dressing	Light Italian Dressing	Light Italian Dressing
Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard	Spicy Brown Mustard
Grape Uncrustable	Grape Uncrustable	Grape Uncrustable	Grape Uncrustable	Grape Uncrustable
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Assorted Fresh Vegetables	Sliced Cucumbers	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Garbanzo Beans	Assorted Fresh Vegetables	Assorted Fresh Vegetables
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk			
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup
Mustard	Mustard	Mustard	Mustard	Mustard

HIGH SHOOL LUNCH MENU					
Light Mayonnaise					
Hot Sauce					
Creamy Ranch Salad Dressing					
BBQ Sauce					

	HIGH SHOOL LUNCH MENU				
21					
Mashed Potato & Chicken Bowl					
	1				
Dinner Roll	1				
Seasoned Corn	1				
Classic Cheeseburger					
Crissy Chicken Patty Sandwich					
Onspy Omenen Fally Santuwich					
Spicy Chicken Sandwich	1				
Seasoned Fries	1				
Cheese Stuffed Breadsticks	I				
Grieese Sturied Dreadsticks					
Diama Causa					
Pizza Sauce	1				
Personal Cheese Pizza	1				
Personal Pepperoni Pizza					
Deli Turkey					
Deli Turkey Ham	I				
Salami	1				
Tuna Salad	1				
American Cheese	I				
Provolone Cheese	1				
Sub Roll	1				
Everything Bagel Topped Sub Roll	1				
	·	1			
Roma Italian Seasoned Sub Roll	·	1			
	·	1			
Bayou Seasoned Sub Roll	·	1			
Soft Flour Tortilla	1	1			
Pretzel Bun	1	1			
Chopped Bacon	1	1			
Sliced Black Olives	1	1			
Sliced Tomatoes	1	1			
Shredded Romaine Lettuce	1				
Banana Peppers	1				
Com Chips					
Mayo	1	1			
Buffalo Ranch Sauce	·	1			
Creamy Ranch Dressing	·	1			
Light Italian Dressing	·	1			
Spicy Brown Mustard	1	1			
Grape Uncrustable	·	1			
Fresh Whole Fruit		1			
Assorted Chilled Fruit	1	1			
Assorted Crimed Fruit Assorted Fresh Vegetables	1	1			
Assorted Fresh Vegetables Assorted Fresh Vegetables	1	1			
Assorted Fresh Vegetables 1% Low-fat Milk	1	1			
	1	1			
Chocolate Fat Free Milk		1			
Ketchup		1			
Mustard	1	1			
Light Mayonnaise		1			
Hot Sauce	1	1			
Creamy Ranch Salad Dressing		1			
		1			
BBQ Sauce		1			
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1	2	3	4	5
Mashed Potato & Chicken Bowl	Chicken & Cheese Quesadilla	Macaroni and Cheese	Chicken Tenders	Classic Hamburger
Dinner Roll	Sour Cream	BBQ Shredded Pork	BBQ Jumbo Crispy Chicken Tenders	American Cheese
Seasoned Corn	Sliced Jalapenos	Pulled Pork	Soft Baked Pretzel	Provolone Cheese
	Shredded Romaine Lettuce	Chopped Bacon	Oven Baked Curly Fries	Pickles
	Salsa	Boston Baked Beans	Cheddar Cheese Sauce	Chopped Bacon
	Classic Guacamole	Combread	Seasoned Broccoli with Cheese Sauce	Green Leaf Lettuce
	Classic Guacamole	Combread	Seasoned Broccon with Cheese Sauce	Green Lear Lewice
	Sliced Black Olives	Confetti Coleslaw		Sliced Tomatoes
	Seasoned Corn			Fresh Sliced Red Onion
				Baked Shoestring Fries
				Vegetarian Baked Beans
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich
Classic American Cheeseburger		Chicken & Mozzarella Stick Combo		Italian Meatball Sub
Seasoned Fries	Seasoned Fries	Soft Baked Pretzel	Seasoned Fries	Seasoned Fries
		Seasoned Fries		
Baked Mozzarella Cheese Sticks	Cheese Stuffed Breadsticks	Cheesy French Bread Pizza	Cheese Stuffed Breadsticks	Cheese Pizza
Pizza Sauce	Pizza Sauce		Pizza Sauce	
7 1224 34400	Pepperoni & Cheese Calzone		Meat Lover's Stromboli	
	r epperoni a oneese saizone		meat Ester's custilisen	
Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods
urkey Ham and Cheese Pretzel Sandwich	Turkey Ham and Cheese Pretzel Sandwich			
Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch
Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Assorted Fruit Juice		Assorted Fruit Juice	
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Garbanzo Beans	Assorted Fresh Vegetables	Assorted Fresh Vegetables
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup
Mustard	Mustard	Mustard	Mustard	Mustard
Light Mayonnaise	Light Mayonnaise	Light Mayonnaise	Light Mayonnaise	Light Mayonnaise
Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing
Greatily Mation Salau Dressing	Greatily Nation Salad Dressing	Greatily Nation Salau Dressing	Greatily Nation Salau Diessing	Greatily Nation Salau Diessing
Honey Mustard	Honey Mustard	Honey Mustard	Honey Mustard	Honey Mustard
BBQ Sauce	BBQ Sauce	BBQ Sauce	BBQ Sauce	BBQ Sauce

6	7	8	9	10
Mashed Potato & Chicken Bowl	Seasoned Beef Taco Meat	Beef Philly Steak	Savory Salisbury Steak	Sweet & Sour Chicken with Pineapple
Dinner Roll	Tortilla Chips	Fajita Style Chicken	Mashed Potatoes	Vegetable Egg Roll
Seasoned Corn	Seasoned Corn	Sub Roll	Savory Green Beans	Fried Rice
	Classic Guacamole	Sauteed Peppers & Onions	Brown Gravy	Seasoned Broccoli
	Sour Cream	Pizza Sauce	Whole Grain Toasted Garlic Bread	Crunchy Asian Tortilla Strips
	Salsa	Cheddar Cheese Sauce		Fortune Cookies
	Sliced Jalapenos	Chopped Bacon		7 ontaine decimed
	Cheddar Cheese Sauce			
		Banana Peppers		
	Sliced Black Olives	Seasoned Fries		
	Shredded Romaine Lettuce	Seasoned Mixed Vegetables		
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich			
BBQ Pork Sandwich		Chicken Tender Boat with Fries		Italian Sausage
		Soft Baked Pretzel		Roma Italian Seasoned Sub Roll
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Pizza Sauce
				Seasoned Fries
Baked Mozzarella Cheese Sticks	Cheese Stuffed Breadsticks	Cheesy French Bread Pizza	Cheese Stuffed Breadsticks	Cheese Pizza
Diago Course	Diana Causa		Direct Course	
Pizza Sauce	Pizza Sauce		Pizza Sauce	
	Italian Stromboli		Pepperoni Stromboli	
Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods			
Turkey Ham and Cheese Pretzel Sandwich	Turkey Ham and Cheese Pretzel Sandwich			
Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch			
Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Assorted Fruit Juice		Assorted Fruit Juice	
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Garbanzo Beans	Assorted Fresh Vegetables Assorted Fresh Vegetables	_
•	_		_	Assorted Fresh Vegetables
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk			
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup
Mustard	Mustard	Mustard	Mustard	Mustard
Light Mayonnaise	Light Mayonnaise	Light Mayonnaise	Light Mayonnaise	Light Mayonnaise
Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing			
	Usas Markad	Honey Mustard	Honey Mustard	Honey Mustard
Honey Mustard	Honey Mustard	HOMEV MUSIAN	HOMEV MUSIAM	HOUSE INDICATED

MIDDLE SCHOOL LUNCH					
11	12	13	14	15	
Mashed Potato & Chicken Bowl	Cheese Quesadilla	Chicken Nuggets	Toasty Cheese Sandwich	General Tso's Chicken	
Dinner Roll	Sour Cream	Honey BBQ Sauce	Chicken Noodle Soup	Lo Mein Noodles	
Seasoned Corn	Sliced Jalapenos	Soft Baked Pretzel		Seasoned Broccoli	
	Shredded Romaine Lettuce	Smile Potatoes	Whole Grain Seasoned Croutons	Crunchy Asian Topping	
	Salsa	Seasoned Broccoli Florets	Keebler Zesta Oyster Crackers, 0.5 o	Fortune Cookies	
	Classic Guacamole Sliced Black Olives Seasoned Corn	Cheddar Cheese Sauce	Fresh Caesar Salad	Vegetable Egg Roll	
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	
Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	
Classic American Cheeseburger		Chicken & Mozzarella Stick Combo		Italian Meatball Sub	
· ·					
Seasoned Fries	Seasoned Fries	Soft Baked Pretzel Seasoned Fries	Seasoned Fries	Seasoned Fries	
Baked Mozzarella Cheese Sticks	Cheese Stuffed Breadsticks	Cheesy French Bread Pizza	Cheese Stuffed Breadsticks	Cheese Pizza	
Pizza Sauce	Pizza Sauce		Pizza Sauce		
7 1224 04400	Pepperoni & Cheese Calzone		Meat Lover's Stromboli		
Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods	
Turkey Ham and Cheese Pretzel Sandwich	Turkey Ham and Cheese Pretzel Sandwich	Turkey Ham and Cheese Pretzel Sandwich	Turkey Ham and Cheese Pretzel Sandwich	Turkey Ham and Cheese Pretzel Sandwid	
Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch	
Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples	
Assorted Chilled Fruit	Assorted Chilled Fruit Assorted Fruit Juice	Assorted Chilled Fruit	Assorted Chilled Fruit Assorted Fruit Juice	Assorted Chilled Fruit	
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	
Assorted Fresh Vegetables Assorted Fresh Vegetables	Assorted Fresh Vegetables Assorted Fresh Vegetables	Garbanzo Beans	Assorted Fresh Vegetables	Assorted Fresh Vegetables	
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	
Ketchup Mustard	Ketchup Mustard	Ketchup Mustard	Ketchup Mustard	Ketchup Mustard	
Mustard Mustard	Mustard Mustard	Mustard Mustard	Mustard	Mustard	
Light Mayonnaise	Light Mayonnaise	Light Mayonnaise	Light Mayonnaise	Light Mayonnaise	
Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing	
Honey Mustard	Honey Mustard	Honey Mustard	Honey Mustard	Honey Mustard	

16	17	18	19	20
Mashed Potato & Chicken Bowl	Seasoned Beef Taco Meat	Chicken Tenders	Beef Meatballs	Beef Philly Steak
			200102220	
Dinner Roll	Tortilla Chips	BBQ Sauce	Fajita Style Chicken	Fajita Style Chicken
Seasoned Corn	Seasoned Corn	Soft Baked Pretzel	Penne Pasta	Sub Roll
	Classic Guacamole	Oven Baked Curly Fries	Alfredo Sauce	Sauteed Peppers & Onions
	Sour Cream	Cheddar Cheese Sauce	Marinara Sauce	Pizza Sauce
	Salsa	Vegetarian Baked Beans	Seasoned Broccoli Florets	Cheddar Cheese Sauce
	Sliced Jalapenos	Vogetariari Bakea Bearie	Whole Grain Toasted Garlic Bread	Chopped Bacon
	Choca varaponos		Whole Grain reacted Game Bread	Споррей Висоп
	Cheddar Cheese Sauce			Banana Peppers
	Sliced Black Olives			Seasoned Fries
	Shredded Romaine Lettuce			Seasoned Mixed Vegetables
	Omodasa Nomano Estass			Codomod Imixod Vogotables
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich	Crispy Chicken Patty Sandwich
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BBQ Pork Sandwich		Chicken Tender Boat with Fries		Italian Sausage
		Soft Baked Pretzel		Roma Italian Seasoned Sub Roll
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Pizza Sauce
				Seasoned Fries
Baked Mozzarella Cheese Sticks	Cheese Stuffed Breadsticks	Cheesy French Bread Pizza	Cheese Stuffed Breadsticks	Cheese Pizza
B1 0				
Pizza Sauce	Pizza Sauce		Pizza Sauce	
	Italian Stromboli		Pepperoni Stromboli	
Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods	Grape Uncrustable or Equivalent Foods
Turkey Ham and Cheese Pretzel Sandwich	Turkey Ham and Cheese Pretzel Sandwich	Turkey Ham and Cheese Pretzel Sandwich	Turkey Ham and Cheese Pretzel Sandwich	Turkey Ham and Cheese Pretzel Sandwich
Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch	Turkey and Cheese Pretzel Sandiwch
Cliend Frenk Apples	Frank Oranga	Sliced Fresh Apples	Fresh Oranga	Cliend French Applies
Sliced Fresh Apples Assorted Chilled Fruit	Fresh Orange Assorted Chilled Fruit	Assorted Chilled Fruit	Fresh Orange Assorted Chilled Fruit	Sliced Fresh Apples Assorted Chilled Fruit
Assorted Crillied Fruit	Assorted Crimea Fruit Assorted Fruit Juice	Assorted Crilled Fruit	Assorted Crimea Fruit Assorted Fruit Juice	Assorted Chilled Fruit
Accorded Freeh Versetables		Asserted Fresh Vegetables		Asserted Fresh Vegetables
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Garbanzo Beans	Assorted Fresh Vegetables	Assorted Fresh Vegetables
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup
Mustard	Mustard	Mustard	Mustard	Mustard
Light Mayonnaise	Light Mayonnaise	Light Mayonnaise	Light Mayonnaise	Light Mayonnaise
Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing	Creamy Ranch Salad Dressing
	Honey Mustard	Honey Mustard	Honey Mustard	Honey Mustard
Honey Mustard				

		MIDDLE SCHOOL LUNCH		
11	12	13	14	15
Mashed Potato & Chicken Bowl	Beef, Bean & Cheese Burrito	Chicken Nuggets	Toasty Cheese Sandwich	General Tso's Chicken or Equivalent Foods
Dinner Roll	Sour Cream	Honey BBQ Sauce	Creamy Tomato Soup	Lo Mein Noodles
Seasoned Corn	Sliced Jalapenos	Soft Baked Pretzel	, ,	Seasoned Broccoli
	Salsa	Smile Potatoes	Whole Grain Seasoned Croutons	Crunchy Asian Topping
	Classic Guacamole	Seasoned Broccoli Florets	Keebler Zesta Oyster Crackers, 0.5 o	Fortune Cookies
	Seasoned Corn	Cheddar Cheese Sauce	Fresh Caesar Salad	Vegetable Egg Roll
Spicy Chicken Sandwich				
Crispy Chicken Patty Sandwich				
Classic American Cheeseburger		Chicken & Mozzarella Stick Combo		Italian Meatball Sub
Seasoned Fries	Seasoned Fries	Soft Baked Pretzel Seasoned Fries	Seasoned Fries	Seasoned Fries
Baked Mozzarella Cheese Sticks	Cheese Stuffed Breadsticks	Cheesy French Bread Pizza	Cheese Stuffed Breadsticks	Cheese Pizza
Pizza Sauce	Pizza Sauce Pepperoni & Cheese Calzone		Pizza Sauce Meat Lover's Stromboli	
Grape Uncrustable or Equivalent Foods				
Turkey Ham and Cheese Pretzel Sandwich				
Turkey and Cheese Pretzel Sandiwch				
Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples
Assorted Chilled Fruit				
	Assorted Fruit Juice		Assorted Fruit Juice	
Assorted Fresh Vegetables				
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Garbanzo Beans	Assorted Fresh Vegetables	Assorted Fresh Vegetables
1% Low-fat Milk				
Chocolate Fat Free Milk				
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup
, Mustard	, Mustard	, Mustard	Mustard	Mustard
Light Mayonnaise				
Creamy Ranch Salad Dressing				
Honey Mustard				
			· 1777 1	

	MIDDLE SCHOOL LUNCH						
21							
Mashed Potato & Chicken Bowl							
Dinner Roll							
Seasoned Com							
Spicy Chicken Sandwich							
Crispy Chicken Patty Sandwich							
BBQ Pork Sandwich							
Seasoned Fries							
Baked Mozzarella Cheese Sticks							
Pizza Sauce							
Grape Uncrustable or Equivalent Foods							
Turkey Ham and Cheese Pretzel Sandwich							
Turkey and Cheese Pretzel Sandiwch							
Sliced Fresh Apples							
Assorted Chilled Fruit							
Assorted Fresh Vegetables							
Assorted Fresh Vegetables							
1% Low-fat Milk							
Chocolate Fat Free Milk							
Ketchup							
Mustard							
Light Mayonnaise							
Creamy Ranch Salad Dressing							
Honey Mustard							
BBQ Sauce							

MIDDLE SCHOOL LUNCH			

	F	RIVER ROCK BREAKFAS	ST	
1	2	3	4	5
Whole Grain Blueberry Muffin	Lucky Charms Cereal or Equivalent Foods	Honey Nut Cheerios or Equivalent Foods	Cinnamon Toast Cereal or Equivalent Foods	Cocoa Puffs Cereal Bar or Equivalent Foods
Honey Graham Crackers	Cheddar Goldfish Crackers	Honey Graham Crackers	Cheddar Goldfish Crackers	Honey Graham Crackers
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples
1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk
Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk
6	7	8	9	10
Frosted Cinnamon Pop-Tart or Equivalent Foods	Honey Nut Cheerios or Equivalent Foods	Chocolate Chocolate Chip Muffin	Cocoa Puffs Cereal or Equivalent Foods	Cinnamon Toast Crunch Cereal Bar or Equivalent Foods
Honey Graham Crackers	Cheddar Goldfish Crackers	Honey Graham Crackers	Cheddar Goldfish Crackers	Honey Graham Crackers
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples
1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk
Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk
11	12	13	14	15
Frosted Strawberry Pop-Tart or Equivalent Foods	Lucky Charms Cereal or Equivalent Foods	Apple Cinnamon Muffin	Fudge Pop-Tart or Equivalent Foods	Cinnamon Toast Cereal of Equivalent Foods
Honey Graham Crackers	Cheddar Goldfish Crackers	Honey Graham Crackers	Cheddar Goldfish Crackers	Honey Graham Crackers
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples
1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk
Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk
16	17	18	19	20
Whole Grain Blueberry Muffin	Lucky Charms Cereal	Honey Nut Cheerios or Equivalent Foods	Chocolate Chocolate Chip Muffin	Cocoa Puffs Cereal Bar or Equivalent Foods
Honey Graham Crackers	Cheddar Goldfish Crackers	Honey Graham Crackers	Cheddar Goldfish Crackers	Honey Graham Crackers
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples	Fresh Orange	Sliced Fresh Apples
1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk	1% LowFat Milk
Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk	Chocolate Low Fat Milk
21				
Frosted Cinnamon Pop-Tart				
or Equivalent Foods				
Honey Graham Crackers				
Assorted Fruit Juice				
Sliced Fresh Apples				
1% LowFat Milk				
Chocolate Low Fat Milk				

		RR LUNCH		
1	2	3	4	5
Cheese Stuffed Breadsticks	Crispy Chicken Breast Sandwich	Baked Mozzarella Cheese Sticks	Pizza Burger	Chicken Bacon Cheddar Melt
Pizza Sauce		Pizza Sauce		
Peanut Butter & Grape Jelly Uncru or Equivalent Foods	Turkey Ham & Cheese on Pretzel Roll	Nachos, Cheese, & Salsa Fun Lunch	Peanut Butter & Grape Jelly Uncru or Equivalent Foods	Muffin, Granola & Yogurt Fun Lunch
Fresh Red Delicious Apple	Fruit Cocktail	Fresh Orange	Chilled Peaches	Unsweetened Applesauce
Fresh Carrots	Homestyle Potato Salad	Fresh Celery Sticks	Fresh Broccoli Florets	Assorted Fresh Vegetables
Red and Green Bell Pepper Strips	Fresh Grape Tomatoes	Garbanzo Beans	Assorted Fresh Vegetables	Assorted Fresh Vegetables
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
Ketchup, PC	Ketchup, PC	Ketchup, PC	Ketchup, PC	Ketchup, PC
Mustard, Ind	Mustard, Ind	Mustard, Ind	Mustard, Ind	Mustard, Ind
Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind
Hot Sauce, PC	Hot Sauce, PC	Hot Sauce, PC	Hot Sauce, PC	Hot Sauce, PC
6	7	8	9	10
Baked Mozzarella Cheese Sticks	BBQ Rib-B-Q Sandwich	Cheese Stuffed Breadsticks	Turkey and Cheese Sub	Turkey Ham & Cheese Croissant
Pizza Sauce		Pizza Sauce		
Peanut Butter & Grape Jelly Uncru or Equivalent Foods	Turkey Ham & Cheese on Pretzel Roll	Build Your Own Pizza	Peanut Butter & Grape Jelly Uncru or Equivalent Foods	Muffin, Granola & Yogurt Fun Lunch
Fresh Orange	Fresh Orange	Fresh Orange	Chilled Peaches	Unsweetened Applesauce
Fresh Carrots	Fresh Carrots	Fresh Celery Sticks	Fresh Broccoli Florets	Assorted Fresh Vegetables
Homestyle Potato Salad	Assorted Fresh Vegetables	Garbanzo Beans	Assorted Fresh Vegetables	Assorted Fresh Vegetables
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
Ketchup, PC	Ketchup, PC	Ketchup, PC	Ketchup, PC	Ketchup, PC
Mustard, Ind	Mustard, Ind	Mustard, Ind	Mustard, Ind	Mustard, Ind
Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind
Hot Sauce, PC	Hot Sauce, PC	Hot Sauce, PC	Hot Sauce, PC	Hot Sauce, PC

		RR LUNCH		
11	12	13	14	15
Mini Corn Dogs	Beef Hot Dog on Whole Wheat	Cheese Stuffed Breadsticks	Italian Chicken Parm Sandwich	Classic American Cheeseburger
Nachos, Cheese, & Salsa Fun Lunch	Turkey Ham & Cheese on Pretzel Roll	Muffin, Cheese, & Yogurt Fun Lunch	WG PB & Strawberry Jelly Uncrustable	Bagel with Yogurt and String Cheese
				Peanut Butter
Chilled Pears	Fruit Cocktail	Fresh Orange	Chilled Peaches	Unsweetened Applesauce
Homestyle Potato Salad	Homestyle Potato Salad	Fresh Celery Sticks	Fresh Broccoli Florets	Assorted Fresh Vegetables
Red and Green Bell Pepper Strips	Fresh Grape Tomatoes	Garbanzo Beans	Assorted Fresh Vegetables	Assorted Fresh Vegetables
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
Ketchup, PC	Ketchup, PC	Ketchup, PC	Ketchup, PC	Ketchup, PC
Mustard, Ind	Mustard, Ind	Mustard, Ind	Mustard, Ind	Mustard, Ind
Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind
Hot Sauce, PC	Hot Sauce, PC	Hot Sauce, PC	Hot Sauce, PC	Hot Sauce, PC
16	17	18	19	20
Cheese Stuffed Breadsticks	French Bread Pizza	Crispy Chicken Breast Sandwich	Pizza Burger	Personal Cheese Pizza
Pizza Sauce				
Peanut Butter & Grape Jelly Uncru or Equivalent Foods	Turkey Ham & Cheese on Pretzel Roll	Build Your Own Pizza	Peanut Butter & Grape Jelly Uncru or Equivalent Foods	Muffin, Granola & Yogurt Fun Lunch
Fresh Red Delicious Apple	Fruit Cocktail	Fresh Orange	Chilled Peaches	Unsweetened Applesauce
Fresh Carrots	Homestyle Potato Salad	Fresh Celery Sticks	Fresh Broccoli Florets	Assorted Fresh Vegetables
Red and Green Bell Pepper Strips	Fresh Grape Tomatoes	Garbanzo Beans	Assorted Fresh Vegetables	Homestyle Potato Salad
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
Ketchup, PC	Ketchup, PC	Ketchup, PC	Ketchup, PC	Ketchup, PC
Mustard, Ind	Mustard, Ind	Mustard, Ind	Mustard, Ind	Mustard, Ind
iviustaru, iriu			The state of the s	
Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind	Light Mayonnaise, Ind

RR LUNCH

21

Baked Mozzarella Cheese Sticks

Pizza Sauce

Peanut Butter & Grape Jelly Uncru or Equivalent Foods

Fresh Red Delicious Apple Fresh Carrots Red and Green Bell Pepper Strips

1% Low-fat Milk
Chocolate Fat Free Milk
Ketchup, PC
Mustard, Ind
Light Mayonnaise, Ind
Hot Sauce, PC

1	2	DARY/GROWLER BREAKFAS	4	5
•	=	<u> </u>	•	-
Sausage, Egg, & Cheese Bagel	Sausage & Egg on English Muffin	Bacon, Egg, & Cheese Bagel	Sausage & Egg on Croissant	Bacon, Egg, & Cheese Bage
Bacon, Egg, & Cheese on a Biscuit	Egg & Cheese Croissant	Sausage, Egg & Cheese on a Biscuit	Turkey Ham, Egg, & Cheese Bagel	Sausage, Egg & Cheese on a Biscuit
	Chopped Bacon			
Whole Grain Blueberry Muffin				
Chocolate Chocolate Chip Muffin				
Yoplait Light Very Vanilla Yogurt				
Frosted Strawberry Pop-Tart or Equivalent Foods	Frosted Strawberry Pop-Tar or Equivalent Foods			
Frosted Cinnamon Pop-Tart or Equivalent Foods	Frosted Cinnamon Pop-Tari or Equivalent Foods			
Frosted Fudge Pop-Tart or Equivalent Foods				
Cheddar Goldfish Crackers				
Assorted Fruit Juice				
Fresh Whole Fruit				
1% Low-fat Milk				
Chocolate Fat Free Milk				
6	7	8	9	10
Sausage, Egg, & Cheese Bagel	Sausage & Egg on English Muffin	Bacon, Egg, & Cheese Bagel	Sausage & Egg on Croissant	Bacon, Egg, & Cheese Bage
Bacon, Egg, & Cheese on a Biscuit	Egg & Cheese Croissant	Sausage, Egg & Cheese on a Biscuit	Turkey Ham, Egg, & Cheese Bagel	Sausage, Egg & Cheese on Biscuit
	Chopped Bacon			
Whole Grain Blueberry Muffin				
WG Chocolate Chocolate Chip Muffin	WG Chocolate Chocolate Chip Muffin	WG Chocolate Chocolate Chip Muffin	WG Chocolate Chocolate Chip Muffin	WG Chocolate Chocolate Chip Muffin
Yoplait Light Very Vanilla Yogurt				
Frosted Strawberry Pop-Tart or Equivalent Foods	Frosted Strawberry Pop-Tar or Equivalent Foods			
Frosted Cinnamon Pop-Tart or Equivalent Foods	Frosted Cinnamon Pop-Tar or Equivalent Foods			
Frosted Fudge Pop-Tart or Equivalent Foods				
Cheddar Goldfish Crackers				
Assorted Fruit Juice				
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Fresh Whole Fruit	I TOSH WINDIC I TUIL	i room winolo i rait		
Fresh Whole Fruit 1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk

11	12	13	14	15
Sausage, Egg, & Cheese Bagel	Sausage & Egg on English Muffin	Bacon, Egg, & Cheese Bagel	Sausage & Egg on Croissant	Bacon, Egg, & Cheese Bagel
Bacon, Egg, & Cheese on a Biscuit	Egg & Cheese Croissant	Sausage, Egg & Cheese on a Biscuit	Turkey Ham, Egg, & Cheese Bagel	Sausage, Egg & Cheese on a Biscuit
Whole Grain Blueberry Muffin	Chopped Bacon Whole Grain Blueberry Muffin	Whole Grain Blueberry Muffin	Whole Grain Blueberry Muffin	Whole Grain Blueberry Muffin
WG Chocolate Chocolate Chip Muffin	WG Chocolate Chocolate Chip Muffin	WG Chocolate Chocolate Chip Muffin	WG Chocolate Chocolate Chip Muffin	WG Chocolate Chocolate Chip Muffin
Yoplait Light Very Vanilla Yogurt	Yoplait Light Very Vanilla Yogurt	Yoplait Light Very Vanilla Yogurt	Yoplait Light Very Vanilla Yogurt	Yoplait Light Very Vanilla Yogurt
Frosted Strawberry Pop-Tart or Equivalent Foods	Frosted Strawberry Pop-Tart or Equivalent Foods	Frosted Strawberry Pop-Tart or Equivalent Foods	Frosted Strawberry Pop-Tart or Equivalent Foods	Frosted Strawberry Pop-Tart or Equivalent Foods
Frosted Cinnamon Pop-Tart or Equivalent Foods	Frosted Cinnamon Pop-Tart or Equivalent Foods	Frosted Cinnamon Pop-Tart or Equivalent Foods	Frosted Cinnamon Pop-Tart or Equivalent Foods	Frosted Cinnamon Pop-Tart or Equivalent Foods
Frosted Fudge Pop-Tart or Equivalent Foods	Frosted Fudge Pop-Tart or Equivalent Foods	Frosted Fudge Pop-Tart or Equivalent Foods	Frosted Fudge Pop-Tart or Equivalent Foods	Frosted Fudge Pop-Tart or Equivalent Foods
Cheddar Goldfish Crackers	Cheddar Goldfish Crackers	Cheddar Goldfish Crackers	Cheddar Goldfish Crackers	Cheddar Goldfish Crackers
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Chanalata Fat Funa Milli	Chocolate Fat Free Milk	01 11 5 15 1811	01 11 5 15 14"	Chanalata Fat Funa Mills
Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk	Chocolate Fat Free Milk
Chocolate Fat Free Milk 16	17	Chocolate Fat Free Milk 18	Chocolate Fat Free Milk 19	20
		18		20
16 Sausage, Egg, & Cheese	17 Sausage & Egg on English	18	19 Sausage & Egg on Croissant	20
16 Sausage, Egg, & Cheese Bagel Bacon, Egg, & Cheese on a	17 Sausage & Egg on English Muffin	18 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a	19 Sausage & Egg on Croissant Turkey Ham, Egg, & Cheese	20 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a
16 Sausage, Egg, & Cheese Bagel Bacon, Egg, & Cheese on a	17 Sausage & Egg on English Muffin Egg & Cheese Croissant	18 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a	19 Sausage & Egg on Croissant Turkey Ham, Egg, & Cheese	20 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a
Sausage, Egg, & Cheese Bagel Bacon, Egg, & Cheese on a Biscuit	Sausage & Egg on English Muffin Egg & Cheese Croissant Chopped Bacon Whole Grain Blueberry	18 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry	19 Sausage & Egg on Croissant Turkey Ham, Egg, & Cheese Bagel Whole Grain Blueberry	20 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry
16 Sausage, Egg, & Cheese Bagel Bacon, Egg, & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate	Sausage & Egg on English Muffin Egg & Cheese Croissant Chopped Bacon Whole Grain Blueberry Muffin WG Chocolate Chocolate	18 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate	19 Sausage & Egg on Croissant Turkey Ham, Egg, & Cheese Bagel Whole Grain Blueberry Muffin WG Chocolate Chocolate	20 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate
16 Sausage, Egg, & Cheese Bagel Bacon, Egg, & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla	Sausage & Egg on English Muffin Egg & Cheese Croissant Chopped Bacon Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt	18 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla	19 Sausage & Egg on Croissant Turkey Ham, Egg, & Cheese Bagel Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt	20 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt
16 Sausage, Egg, & Cheese Bagel Bacon, Egg, & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart	Sausage & Egg on English Muffin Egg & Cheese Croissant Chopped Bacon Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart	18 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart	19 Sausage & Egg on Croissant Turkey Ham, Egg, & Cheese Bagel Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart	20 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart
16 Sausage, Egg, & Cheese Bagel Bacon, Egg, & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart	Sausage & Egg on English Muffin Egg & Cheese Croissant Chopped Bacon Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart	18 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart	19 Sausage & Egg on Croissant Turkey Ham, Egg, & Cheese Bagel Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart	20 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart
16 Sausage, Egg, & Cheese Bagel Bacon, Egg, & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or	Sausage & Egg on English Muffin Egg & Cheese Croissant Chopped Bacon Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or	18 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or	Sausage & Egg on Croissant Turkey Ham, Egg, & Cheese Bagel Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or	20 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or
16 Sausage, Egg, & Cheese Bagel Bacon, Egg, & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods	Sausage & Egg on English Muffin Egg & Cheese Croissant Chopped Bacon Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods	18 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods	Sausage & Egg on Croissant Turkey Ham, Egg, & Cheese Bagel Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods	20 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods
Sausage, Egg, & Cheese Bagel Bacon, Egg, & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods Cheddar Goldfish Crackers	Sausage & Egg on English Muffin Egg & Cheese Croissant Chopped Bacon Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods Cheddar Goldfish Crackers	18 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods Cheddar Goldfish Crackers	Sausage & Egg on Croissant Turkey Ham, Egg, & Cheese Bagel Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods Cheddar Goldfish Crackers	20 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods Cheddar Goldfish Crackers
Sausage, Egg, & Cheese Bagel Bacon, Egg, & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods Cheddar Goldfish Crackers Assorted Fruit Juice	Sausage & Egg on English Muffin Egg & Cheese Croissant Chopped Bacon Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods Cheddar Goldfish Crackers Assorted Fruit Juice	Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods Cheddar Goldfish Crackers Assorted Fruit Juice	Sausage & Egg on Croissant Turkey Ham, Egg, & Cheese Bagel Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods Cheddar Goldfish Crackers Assorted Fruit Juice	20 Bacon, Egg, & Cheese Bagel Sausage, Egg & Cheese on a Biscuit Whole Grain Blueberry Muffin WG Chocolate Chocolate Chip Muffin Yoplait Light Very Vanilla Yogurt Frosted Strawberry Pop-Tart or Equivalent Foods Frosted Cinnamon Pop-Tart or Equivalent Foods Frosted Fudge Pop-Tart or Equivalent Foods Cheddar Goldfish Crackers Assorted Fruit Juice

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Sausage, Egg, & Cheese Bagel
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Bacon, Egg, & Cheese on a Biscuit
Whole Grain Blueberry
Muffin
WG Chocolate Chocolate
Chip Muffin
Yoplait Light Very Vanilla
Yogurt
Frosted Strawberry Pop-Tart
or Equivalent Foods
Frosted Cinnamon Pop-Tart
or Equivalent Foods
Frosted Fudge Pop-Tart or
Equivalent Foods
Cheddar Goldfish Crackers
Assorted Fruit Juice
Fresh Whole Fruit
1% Low-fat Milk
Chocolate Fat Free Milk